



# Remain Focused on What Feels Benevolent

Zoosh, Orb Representative, and Cactus

March 19, 2010

Greetings.

*Greetings!*

We are a collective of those beings in the photograph (fig. 1). Not all the same being will speak to you. At times, it will be the collective; at other times, it will be individuals or groups of individuals, and even the plant you call “cactus” would like to make some comments for the sake of the more earthly view. These types of photographs that show these such as us are really just showing what is always around you all the time. These things will sometimes be visible through your photographic techniques, but only if the person holding the device — camera, you say — is cheerful or, at the very least, innocent and, in that moment, enjoying whatever is happening, because that is the energy of the beings seen. “Like to like” is necessary for seeing such things.

It is often done by intent — serious research — to take such photographs, but rarely much is seen, because then it is not like to like. Or sometimes like to like takes place, but it is unpleasant, meaning it might depict a picture in a time or place in which something happened that was not fun for those present. This does not mean that it took place on Earth. It might — I am thinking of a photograph that was taken by a friend of yours, a picture that was taken a long time ago. He was very serious and intent when he took the picture, and it was like a picture of a picture — a picture taken in the night that looked like a movie screen, but it was like to like, from his

time to another time when a ship was sinking in a storm. But it is a photograph, so he did not have to see the events and just saw a portion of the ship, the actual water-going ship, your own kind of ships.

### **The Native Beings of This Planet**

Now, we are always around you in numbers, but it is not because we are attracted in that sense, rather we are simply here. It might interest you to know that we are the natural, native beings of this planet. The Earth human being is transposed here, meaning that Earth is not the native place for human beings. And you can tell in the simplest way: Everywhere else in the universe, human beings live very long. It's unusual to find human beings on another planet who do not live at least 750 of your years. It would be very unusual. But here on this planet, you live a very short time, which is not typical for the human being. This tells you immediately that this is not a natural, native planet for the human being.

We're not trying to say, "Get out!" [chuckles]; rather, we're saying that this is not your native planet, so of course you do not do too well. We do not need to breathe oxygen. We do not have that function in our beings, but I think some of you as souls are attracted to this place because when you have been in a form like us, in which is easy to traverse from one planet to another, this was a place that you visited. Many beings visit this place, partly because of the joy of it. We are joyful beings, and that's because it is like to like. Earth, in her nature, is also joyous. Granted, in your focus of Earth, there is no great joy — not for Earth either. But in our focus, which is just slightly different from yours, there is all that joy. When your souls come here to incarnate in your present form, visiting this planet, there is joy all the way here, and there are many times of joy while you are here. But there is greater joy coming to the planet and going from the planet, because you pass through our space, meaning the beings who are native to this space.

So you are living in a necessarily different focus — you say "denser," and that's a way to say it, but we would say "different" — so that you do not harm Earth in a permanent way and are still able to learn what you came here to learn, and also so that you do not stay for any great length of time. If you were living or visiting in our focus right now, as the original human beings were when they started living here many years ago, you would all live to be at least 750 years old — some a little older, some not quite that old.

So you see, this is not allowed because of the way you have to live. Of course, you don't have to live with such suffering, but you do not know that yet, and you are gradually remembering that this is not necessary. It will take not only a change of thought but an ability to practice feelings that are benevolent for all beings by a



Fig. 1: Collective of orb beings. *Photo by Tom Dongo.*

great many people, and then Earth will naturally shift into a more benevolent space. But I am not here to preach — do you say that word? — at you. Rather, I am here simply to state that your fascination with extraterrestrials, a great many of you, is not surprising, since you are of that. Your natural, native planets are many of the star systems that you are intrigued with: Orion, the Pleiades, Zeta Reticulum (Reticulum, as it's sometimes called), Andromeda, and many other places and so on. But even though there are forms of life similar or sometimes identical — well, almost identical — to the human being in those places, still, you have chosen, and others have supported that choice, to be in this place to learn so that you do not have to stay past a certain point. The apparent incompatibility with the environment is planned. This is the case because, as much happiness as there is in life for you here, there is a much greater amount of unhappiness — and even great discomfort — than you would ever know as a human being living naturally, meaning to a natural human home elsewhere in the universe.

So the main reason we wanted to speak to you today was because many more of you are seeing sights like this — little balls of light. Sometimes you see them in very small, intense colors — some of you blue, some of you yellow or gold, some of you see white ones, but many more of you now will begin to see purple. The purple will sometimes have to do with a being who has lived a life here such as yourself, a human being, but is in his natural, native state, which would look in many cases, with

the ability to come here and visit, like us, in that round shape. But because they have lived a life here on this focus that you are living, when you see them as a human being, they appear to you as purple, which is an energy associated with a transition. So if you were to see a soul depart here, sometimes you might see them in that color as well. So I've brought up a few interesting points, and you may have questions.

*What I'm looking at are hundreds, maybe thousands, of little circles. Are you a particular one, or are you the collective now? Who's speaking?*

You have been hearing from a collective — not the collective, but a collective — voice for all those you are seeing in that photograph. This makes it simpler to communicate rather than you hearing the hundreds of voices simultaneously. We speak essentially a truth that we all agree on, but you must allow for the fact that as individuals we have different ways of looking at things, so a collective voice is necessary — not only for the simplicity of communication, but for speaking only that which we can all agree on. And not unlike you, we are individuals.

### **The Solar System Is Full of Orb Beings**

*All right. You're in that particular place with the brush and the cactus. Now, do you constantly move around the planet? Do you stay in a certain place? How does that work?*

We are not restricted. We can come and go on the planet as we wish. We can go to other planets. What was taken here was a photograph of what you might normally see if you were like to like in energy. The being taking the photographs did not see what was being taken, meaning it showed up later in that photograph, but they had that same energy: cheerfulness, happiness, happy to be there, having a good time — and in a simple manner, not meaning simple-minded, as you say, but uncomplicated joy. So like to like.

*And you are passing through? Are you connected to any of the ... ?*

You are trying to ask if we are from somewhere else?

*Well, no. I just wonder what you're doing here.*

We live here. This is our planet. This is our home planet. This is where we are. Your question would be like if someone walked into your home and said, "What are you doing here?" You would say, "Well, this is where I live." We were in this space before this planet was in this space.

*Ah, okay. Were you connected to one of the earlier planets in this space, or were you in this space?*

We were in this space.

*So when we look out into our solar system, whether there's a planet in an orbit or not, the whole solar system is full of beings like you?*

Yes, generally speaking — and beyond. When you think of all the individuals who have come and gone, just on this planet, in the past few thousand years, the number is astronomical. You understand I'm counting other life forms besides the human being. And then times millions and billions of years ... it's pretty crowded out there, but it doesn't feel bad. With everybody like to like, it is benevolent, so you cannot go anywhere without essentially moving through groups of joyous beings.

*Are you saying that everybody who ever lived on this planet has an aspect of them or is one of these orbs?*

No. I am saying that there is life everywhere, and just because you look out into a space where there is no planet, as you said yourself, it doesn't mean that it's devoid of life, that there's nothing there. There's a tendency by people who study these things on your planet — in your time, you understand, in your focus of the planet — to assume that when you do not see something, it's empty space. But nothing is empty. It is all filled with life.

### **Out of Phase with Earth**

*When the Creator came to this space to create this universe, it was filled with beings like you?*

No. Oh, I see — before the universe was created. Oh, no.

*So you are all creations of this Creator?*

Yes.

*And your memories go back to the beginning of the creation of this universe?*

Yes. But you have to remember, since you are alluding to something that the reader may or may not know — the fact that there are other universes, other creations — and you're talking about something linear, meaning you're putting a linear factor on something that is not linear, that our memories exist in all times, in all places, in all spaces, and in the moment.

*Are you what we would consider an immortal personality? Each of you? Each of you individually?*

Yes, like you.

*So if you chose, you could incarnate on this planet as a human?*

I would not care to.

*Have any of these beings ever done that?*

I'd have to check. [Pause.] No.

*Are we out of phase with Earth? Is that what I understood you to say?*

You are in a form of Earth — you would say a particular density or dimension, I think you like to say ... a dimension is essentially a mathematical term, but you are ...

*In a focus.*

... in a focus of Earth that would not be in existence other than for the fact that you are here. It is here for you. Were you not here — were you not coming here, were there not some reason for the human being to be visiting/living here — it would not exist. It exists for you.

*But as we become more benevolent and wake up, we will live where you do?*

You will live wherever you wish to live.

*No, but I mean we will be congruent with you, we will see you and ... ?*

You don't have to wait that long, but okay.

### **Feelings Are in the Present Moment**

*So we could see you now if we thought we could and if we were happy?*

Other way around.

*If we were happy and we thought we could.*

Thoughts follow feelings, but this is hard to understand in your world, because you forget how it was when you were a youth, a child, a baby. When you were a baby, it was all about feelings. Then you learned, being in the environment in which you were living, that unless you were living with people who were conscious, instinctual, and feeling focused, that if you wished to communicate your needs, you would have to come up with something other than that. That's sometimes why your young ones cry — they are frustrated. Eventually, they realize, "Well, they are making sounds. Maybe those sounds mean something."

*[Chuckles.] Okay. So some of the earlier humans, way back before the Explorer Race came here, were living in a natural way in the same space as you are?*

Yes, and I think this is casually referred to in one of your religious books ...

*The Garden of Eden?*

No, I think beyond that point. So there it is indicated that someone lived hundreds and hundreds of years. You understand that's a story. It's by way of saying ... it's a way of dropping hints to you, but unfortunately, the story has become more popular than the condensed truths that are represented.

*Okay. So in the state you're in, there's no time? Can you go to different focuses of the planet when it was ... could you visit that time now? You're not in time, right?*

Well, yes, I am in the moment.

*You mentioned someone taking a picture of something that had happened long before. Can you do what we call time travel? Can you visit other times of this planet if you choose?*

Yes.

*Ah. Do you choose to do that?*

No.

*Because?*

The present is where the joy is. Joy is in the present moment. Do you know why? That's where the feelings are.

*Oh!*

Feelings are in the present moment, but when you are not focused in your feelings in a pleasant way or your feelings are unpleasant because of pain or sadness or something like that, then there is always the great desire by the human being on this school of Earth where you are now, always the great desire to imagine being somewhere else or to think of being somewhere else, to hold a picture and thought. But the reason we prefer to be in the present moment is because that is where our feelings are. Our feelings are in the present moment. We are focused in our feelings, because our feelings are very good. We want to be where our feelings are; there is no place better for us but where our joy is. Why would we wish to be somewhere else?

This is your true nature, I might add. So you have everything to gain to improve your feelings as a collective, meaning as a total population of beings. And this is part of the reason why many of your sensitives are attempting to do what they can for people who are suffering — saying prayers and other things, doing benevolent things, radiation of energies, and so on, asking for support — because the discomfiture of even one being is going to affect everyone, because it is all about feelings. Everywhere, it is all about feelings. Feelings are in the present moment, always. Thoughts

don't have to be. If thoughts are elsewhere ... most of the time for the Earth human being in your now focus, when thoughts are elsewhere, it is because feelings are uncomfortable and there is a lack of knowledge as to how to improve the feelings or sometimes an inability to do so.

*That's a fantastic new way of understanding being in the now.*

### **Life Is About Happiness**

*At the core of our being, we look like you, don't we? Our immortal personalities?*

Very similar.

*Do we interact with you in deep sleep?*

Sometimes.

*Are any of you some of the soul portals that talked last time?*

I think that in that photograph, there is one. Not the same one.

*Not the same one, right. So your joy is in interacting with the others — like in the picture — the plants, the animals, the ... ?*

The joy is not causal. For you, in your world, in which you are unfortunately cut off from a great many things so that you can focus on what you are here to learn, your joy is causal. Someone might say, "Why are you happy?" And then if you didn't have a particular reason, you might say, "Well, it's because of this or that." But for a person who says, "Well, I just feel happy," the other person sometimes doesn't understand that mentally. It is natural to be happy. If you are not happy, then the focus of all beings would be to help you to become happy. If there is something that needs to be cured, then everyone would be focused on curing whatever is a problem. It is the natural state to be happy. Life is about happiness.

That sounds strange to beings who are here to do something that does not always include happiness. The fact that you are using a mind that is nothing like your actual mental state of being when you are everywhere else as a human being is part of the stumbling block for you, because it is very slow. It's a very slow mind, but I think it was picked for you — I'm not talking about your brain; I'm talking about the way your mind functions — so that you would be able to completely focus most of your mental energy at any given moment, on one thing. You are here to focus on one thing, whatever it is that you are doing in that moment: concentrating, you say. But always, even if you're focusing on one thing, there's always part of your mind doing something else. Sometimes you're aware of it; sometimes you're not.

So in regard to the multifunctionality of your mind — I'm not talking about working on your biological functions [chuckles], because that's only assumed — I'm talking about thinking of other things, imagining other things, remembering other things, and so on. This is always going on for you. But the mind that you've been sort of saddled with is from a very slow-thinking species on Andromeda, and while this is gradually being returned to them with your imprint on it, you are then gradually assimilating or, rather, your natural mind that was being overshadowed by the Andromedan mind is now coming to the fore. And this is very good, because it's going to function much more in a spherical fashion, meaning that you will be able to be conscious of things in all directions, not just a plodding one thing — doing one thing while trying to focus only on that. You'll be able to focus on many things at once, and this will bring your attention to many more facets of your personality. Thus you will be able to do things that many of you might now think are magical but are simply part of your normal state of being.

*Sounds great. [Pause.] [Chuckles.] I got off into feeling really, really good. My mind quit working. [Laughs.]*

Good!

*Well, not when I'm supposed to be asking questions. [Chuckles.]*

Leave that comment in there, if you would, because it gives the reader permission to feel the same way, eh?

## **You Are Doing and We Are Being**

*Okay. Do you stay in one place on Earth? Do you sort of float around Earth? Do you go off to visit other places you've been? I think you said you've mostly stayed on Earth.*

Remember that we're in this space. It's a point in space, not a planet. We don't necessarily relate to the planet exclusively. The planet is here, but we were here before the planet was here. So it's not that we travel around on Earth.

*Oh, Earth travels around and runs into you every once in a while! [Laughs.]*

Well, it's more like that, yes. Earth is moving about, and we'll simply be in our space at times and then it goes off, and [laughs] so it's like, well, this is where we live. Then Earth comes to visit from time to time in your orbit.

*Oh, so then you say hello to Earth and the plants and the animals and everybody?*

Yes, so to speak — “and off you go again!”

*Then you are doing what? You are interacting? Do you exchange thoughts in any way or pictures?*

You understand what you are here to do; you are here to perform something. You are here to learn. You are very conscious of being in school. That's the whole thing about doing. "What are you doing? What do you do?" you say to each other. It's at the forefront of your mental self. We are being. We are existing. We are not here to do anything. We are not here to learn anything. This is where we live. When you go home after work, many of you, after all you have to do at home is done, perhaps you will sit down and put your feet up and read a book or talk among each other or watch entertainment. In short, you are not so much doing; you are being. Well, we do not have to read a book. We do not have to watch entertainment. We are just being, just existing in the happiness. We're not doing.

*You have long vision; you can see anything. You don't have to go anywhere. You can see anything you want from ...*

You're still stuck in doing, and I understand that. You are asking questions from the position of someone who is actively searching — that's a searching question — and who is, at all times, doing. We don't have to do that. If you're saying "can we," yes, of course we could. But why?

*You're not curious about what other people, other beings, are doing?*

We don't have to be. And you don't, either. If you know these things, because when you have traveled — and we have traveled from time to time, the beings we meet are like us — and after a while, while you enjoy the good feelings, you always want to be home. So there you are.

*What is there, then, about this space that gives this space where you happened to be at the time those pictures were taken. We're far away from you now, right?*

Yes, but you'll be back.

*What is special about the space that you're in that we move through that makes it feel like home? Is that where you've always been, or ...?*

Yes. That's where we've always been.

*So you became aware in that space?*

I think that's a philosophical question. We have always been aware.

*But you didn't travel to that space. You've always been there, so it's like you ...*

We are a portion of this Creator, as you are. This Creator has always been. Thus, we have always been. I am not saying that as a thought; I am saying it as a feeling. We are a portion of Creator's feeling, as you are. We have always felt. We have always been. There is no state of being that precedes our awareness of being. There is always and only an awareness of being. There is nothing that precedes it.

### **The Explorer Race as Assistant Manager**

*All right. The Creator wants to leave this focus, this place, this universe, this whatever, and go beyond. Will you go with Him?*

We'll see. My feeling is that Creator does not want to leave so much as to try something else.

*To expand, to become more.*

Yes, expand. And to expand beyond, one might wish to leave, oh, an assistant manager to look after things. And my understanding is that's where you, the Explorer Race, come in. You're going to be the assistant manager, and Creator will still be around somewhere, you might say, looking about. But you will be running things the way all assistant managers run things: the way the boss says to do it, but you'll also try out some things on your own. And my understanding is that Creator wants you to experiment a bit, as long as you don't make problems. So you are here on Earth to discover what problems are, because if Creator said to you before you came to Earth to learn these things, "Don't make any problems," you wouldn't even know what Creator was talking about. "What's a problem?" you might say. And Creator, I think, got tired of explaining to each and every one of you what a problem might be when you had no context for understanding what a problem might be. Therefore, you are legally in the terms of your social existence visiting this planet to discover what a problem might be, and how a very tiny thing, which seems to be insignificant, can become something huge when it is ignored because you hope it will just go away.

*That's a marvelous explanation. I like that. We're here to learn how to create problems and how to solve them.*

You're here to discover what problems are so that Creator doesn't have to explain it. And after you have discovered this in no uncertain terms, you will leave highly motivated to never, under any circumstances, ignore even the tiniest problem, because the tiniest thing has a tendency to grow.

*I never thought of that before. So how can He expand without expanding the space? That's going to be interesting.*

It's going to be possible for Creator to expand, but only if at the time of Creator's expansion there is an equal and opposite expansion that comes about because someone else is, you might say, taking over temporarily. This allows Creator to slip away in a sense, but you can't actually leave something you've created. He'll just sort of take a side street that will not bring any other beings with him. Creator will always be corded to this creation, but Creator will attempt to take as few beings as possible when He goes off and says, "I'll see if I can find something else. You mind the store," meaning you.

*The Explorer Race.*

You're going to mind the store, so you're learning about finding all the problems that could develop if you tried to tweak something. "Oh, let's make it a little better," and oops! You're learning all about "oops!" here.

**The Explorer Race Experiment Is Practical if Not Pleasant**

*Well, you're much wiser than I realized. What is your personal opinion of this experiment?*

I'd have to say that as far as management training goes, it seems to be highly practical if not particularly pleasant. But, then, my guess is that a great many people in management would agree with that assessment of their basic job experience. Management training is usually, for those who are going to have serious responsibility, very much like being thrown into the deep end of the pool without a life raft — sink or swim.

*Right, right. But we're going to swim, so ...*

You're learning, but you are now, as you are regaining your actual minds, going to be much more conscious of how others of your species — to say nothing of the other species on this planet — are suffering. And the more you feel that, the more you are going to have to instantaneously do something about it so that they will feel better.

*So that we will feel better.*

Yes. Many of you sometimes feel pains and aches and then they go away, and it's, "What is that?" That's somebody else's pain, somebody else's ache. And it's not always someone near you. Very often it is, but not always. So you're all sort of universally, by having your feeling consciousness — which is what I would call the mind in your natural, native state — brought to your attention, learning that others like you that are in the same space as you, meaning on the same planet, are suffering, and it cannot be allowed. So there'll be a sort of universal acclaim: "What can we do to help everyone by everyone?" And then some things will get better.

*So because we're not quite in phase with you, you don't feel our discomfort. Is that correct?*

We wouldn't feel your discomfort anyway, because we are totally focused in our joy. And it would not do you any good if we felt your discomfort. It wouldn't do us any good, and it wouldn't do you any good, because you're here to feel your discomfort and the discomfort of others so that you will change it. You're here, in other words, to explore your "oops!" And discomfort is a big part of "oops!"

*But you are protected only by your joy or by being slightly out of focus?*

We're not out of focus. We're in focus, from our point of view. You're the ones who are out of focus.

*We're out of focus, okay.*

That is just a joke. You are in a different focus but not out of it.

*Okay. But that protects you, even ...*

Oh yes, and ... okay. To keep it simple: yes.

### **Speaking as a Collective**

*So only during these passings, then, do you ... how can I say this? The last time that we had a picture of orbs and someone channeled, they said a lot of the beings were there for the plants and animals, but your particular grouping is not, then, right?*

Oh, I wouldn't say that. We were here before all of you were here, so we're not here for anyone in particular. We're just here. We're home.

*Do you have guides and instructors?*

We don't feel the need for that, but I suppose if it were necessary, they would be there.

*You've never had to ask for anything or about anything?*

No. When you are in your natural state, you do not ask, either.

*So while we're going through your space, do you observe us? Or do you just know?*

We know about you only because of this communication. I'm not going to retain this. I know about this because there has been a request. "What is this picture? What does it mean?" I am a collective voice, but I am not in existence, actually. I am in existence for this moment, for this circumstance, so that the beings being spoken about do not have to directly participate. Otherwise, it could move them out of their natural state of being. Why would you want to do that?

*How can you speak as a collective? Is it like an oversoul?*

Do you mean what are the mechanics of it? Have you ever been in a room with human beings when you all come to an agreement on some point?

*Yes, and a spokesperson speaks for you. Yes. Like that.*

So what's the difference?

*I see. I see. So you're like a spokesperson, not like a piece of each one of them.*

I'll make a closing statement, because the cactus wants to say something. For you to move more comfortably into your natural state of being, it's only necessary to remain focused on what feelings give you the most enjoyment in the most benevolent way. If "benevolent" is not a word in your language, which it may not be for some of you, look it up and find words that are similar. For some of you, it will just mean a good feeling, but "good," meaning good in a way that is good for you and good for others. That is benevolent, see? "Good for others," meaning it feels good to you and everybody — speaking honestly, not because they want to please you — agrees that it feels good for them too.

This is what to remain focused on, what feels benevolent. Decide if this is more important or if you'd much rather have moments of revenge and anger and always feel that way and pass that on to future generations. At some point, you're going to have to decide that enough, no more revenge, is better — to feel benevolent, to have others feel benevolent around you so that all you feel is benevolence, and that this is best for all beings. Good night.

*Thank you very, very much. I enjoyed it.*



## **Cactus Speaks about Transition**

Greetings.

*Greetings!*

I am consciousness, a temporary voice. I haven't spoken to humans in this way before — of what you call prickly pear cactus plant. I am going to give a short statement. We are longtime beings on this planet — not native to it, but longtime. And we are conscious of the beings you see in that photograph. We plants and most nonhumans are conscious of these beings. We do not always have such joy, but many

times, we do, especially when we are lightly sleeping. We are here to demonstrate to you that it is possible to be of a great variety of species, even species that consume each other to survive and to live without hate and anger or destructive, including self-destructive, personalities.

In this way, we are meant to be a transition, meaning you can transition into this before you become your natural, native state, like those beings you are interested in in this photo. You may or may not have to do that, but you may have to change your way of living, as many life forms on planets other than your own kind have decided it's not worth waiting, and they are leaving. So for those of you who are sensitives and can communicate with other life forms and make notes of these things, I recommend you do that now. Many beings who live and exist in the water are leaving. Many who fly through the air are leaving, and a great many who walk upon the ground or move upon the ground are leaving. And the only ones who will stay for some time are those who live under the ground, at least part of the time. But they are all willing to pass on their knowledge and wisdom of life on this Earth to you.

So I recommend that you get as much of that down as you can about what you could say are plants and animals and other forms of life. You as an individual have done much in that direction, but I am speaking to other sensitives: Please do so as well. You don't all have to get words and thoughts from the same types of beings. Try to pick beings from whom such words for the human being through the consciousness or spirit of those other life forms have not been heard from before. That's what I recommend. May you have a benevolent life.