

THE GENTLE WAY

A
SELF-HELP
GUIDE
FOR THOSE
WHO
BELIEVE
IN ANGELS

TOM T. MOORE



Light Technology Publishing

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DEDICATION

This book is dedicated to Robert Shapiro. With his wisdom, encouragement and private mentoring—and as I read his published works—I was inspired to create my path by applying to my own life his concepts and practices of benevolent ways, benevolent outcomes, living prayer and love-heat meditation. Robert delivered these books* by speaking with inspiration. He also encouraged my desire to write this book, and I shall be forever indebted to him for helping me to expand upon these concepts, enabling me to bring them to a wider readership and audience. They changed my life and hopefully will change yours as you too begin taking the Gentle Way.

—Tom T. Moore, May 2006

*The *Explorer Race* series, the *Shamanic Secrets* series and the *Ancient Secrets of Feminine Science* series.

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When you write a book, it may seem like a solo effort, but there is an enormous amount of input you receive as you formulate the idea for the book, during the process of writing and afterward from all those friends who took the time to read the manuscript and send back corrections and suggestions. I will start by thanking the many authors whose books I have read over the years and who have given me inspiration. In the early days, this included Brad Steiger, Dick Sutphen, Ruth Montgomery and Dr. Edith Fiore. Later, about ten years ago, Robert Shapiro's inspirational books recommended seeking out benevolent experiences, benevolent companions and benevolent outcomes, and so I took his advice. I now count Robert as one of my good friends.

Next I would like to thank all of the people who contributed stories for this book. I kept their privacy by using only first names. I would like to thank all of you so much for sharing your stories of how requesting benevolent outcomes worked for you.

Thanks to the friends who read my manuscript, gave me suggestions and corrected my grammatical mistakes. As this includes people whose stories are included here, I won't name you but would just like to express my sincere appreciation for your taking the time to go through this line by line.

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THE GENTLE WAY

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PREFACE

When I'm browsing the shelves in a bookstore or even when I'm online on the Internet, I'll pick up one or more books whose title intrigues me. I will read the cover and a few pages in the front to see if the book has enough interesting subjects to be worth me purchasing it. So if you're doing the same thing now, let me explain what I believe you'll achieve from reading this self-help book:

1. This book will put you back in touch with your guardian angel or strengthen and expand the connection that perhaps you already have.
2. It will strengthen your spiritual beliefs.
3. You will have more fun and less stress in your life.
4. You will greatly lower the "fear factor" in everyday living.
5. In lowering the fear factor, this book will give you the confidence that you can travel in safety wherever you go, whether it is to work and back home, to the store, across the country or around the world.
6. It will assist you in achieving whatever goals you have set for yourself in your life.
7. This book will assist in finding just the right job for you.

8. It will even help you find that special person to share your life with.
9. It will assist you in handling those major challenges we all experience in life.
10. This book will even inspire you to learn more about our world and universe.

How can I promise all these benefits? It's because I have been using these concepts for over ten years, and I can report these successes from *direct knowledge and experience*. But this is a self-help guide, so that means it requires active participation on your part. What you are going to read in this book is *unique information* that you have *never seen before!* This book is for all faiths and beliefs, with the only requirement being a basic belief in angels.

At this point, if none of the above benefits has resonated with you, then it is time to return this book to the shelf and continue your search. I do request a *most benevolent outcome* that you will find the above intriguing enough to purchase the book and that it will enrich your life even more than you can imagine or anticipate. You'll discover what that means in the following pages.

CHAPTER ONE

ANGELS

The first goal of this book is to put you back in touch with that angelic being who watches over you during your life—your guardian angel—or to strengthen and expand the connection that you may already have. Then I want you to discover how much assistance you can receive in your life. First, let's begin with the usual way we view our relationship with our guardian angel.

Recently I was in Los Angeles on business and saw a friend from Montreal. In catching up on what the other had been doing, I mentioned that I was writing this book. My friend, Alphonse, said, "Tom, you've got to interview me for your book. Have I got some stories for you!" As you read what he related to me, notice the common theme of peril in each of the stories.

ENCOUNTERS WITH A GUARDIAN ANGEL

When Alphonse was three or four years old in Italy, there was a third-story window in the stairwell of his apartment house and he kept thinking that he could jump out of it. The day he decided to jump, he crouched down to leap off when suddenly a strange man in a suit grabbed him, preventing his fall and injury. He had never seen him before nor did he ever see him again.

At the age of nine, Alphonse was an immigrant on a ship to Canada with his family. The seas were rough, making the wooden deck slick from the waves. One pitch-black night, he found a hatch door open, went outside and immediately slipped on the rolling deck. He slid down under the rope sailors held on to as they made their way from one end of the ship to the other, hitting the plate at the edge of the deck. There was no place to hang on, and he was in danger of being tossed over the plate into the sea. Another passenger appeared out of nowhere and, by holding on to the deck rope, grabbed Alphonse and pulled him back to safety.

While driving in Canada one early winter, Alphonse, who never buckled his seat belt, suddenly heard a voice telling him to put the seat belt on. Two hundred yards later, he hit a patch of ice and slid into the V-section of a guardrail that bent the car in half. The impact broke his ribs as the seat belt held him from being thrown through the side window. After that, six other cars hit the same patch of ice and slid into his car in a multicar pileup.

On another occasion, Alphonse was working, planting posts at his country place with a large friend assisting him. The friend was on top of a ladder banging in the posts with a large splitter ax—one end was an ax and the other a sledgehammer. Alphonse was holding the posts, when suddenly he was told by a voice to move to the side. The splitter ax slipped out of his friend's hands and went into the ground right past where Alphonse was standing. It would have been sudden death had he remained in that position.

Several years ago in early August, Alphonse was participating in some summer skiing high in the mountains on the Italian-German border. He went off the trail out of bounds because the snow was better there. Suddenly his ski came off for no reason. After picking himself up, he saw a hole in the

snow about five or six feet away, and through the hole he could see the village far below. Had he skied any farther, he would have gone off the cliff.

This past year, Alphonse completely totaled his car in another wreck, when he was forced into a pole by another car. He had his seat belt on, but the air bag did not deploy. The first person on the scene was an off-duty ambulance attendant. Alphonse had absolutely no injuries, but he was sure that his guardian angel had sent the attendant along just in case. I think another possibility was that his guardian angel was telling him to drive more conservatively or the next time an ambulance would be needed.

The theme of all these stories was that, yes, Alphonse has a guardian angel who does look after him and does his or her best to keep him from injury or death. Listening to one's guardian angel and acting on that seems almost instinctive. This occurred time after time for Alphonse and perhaps for many of you reading this.

MY GUARDIAN ANGEL HAS WORKED OVERTIME!

Back in my younger days, after leaving the army, my first successful business was operating a snow ski club for single adults in Dallas, Texas. During my days at TCU, I was chairman of the all-university trip committee and learned to ski on school trips. I started the ski club with virtually no money and bought an old school bus with a loan on my car in order to carry the club members up to the mountains in New Mexico every weekend during the ski season. I was so poor that I could not afford any insurance on the bus. I hoped that if we were ever in a wreck, I would be the first to die, as any injury lawsuits would mean I would be forever in debt.

On one of the first trips we took to New Mexico, the local ABC-affiliate TV station sent a news team with us. My guardian angel was looking out for me as we encountered a blizzard so bad that I could see only the markers beside the highway as I drove the bus. The engine's carburetor started freezing up, and we finally came to a stop with the front of the bus in New Mexico and the rear end in Texas (which could lead to some Texas jokes). We used the cameraman's lights to warm up the carburetor so that the bus could limp into the next town. The normal twelve-hour trip took twenty-two hours. We never had a news crew go with us again!

During another ski trip, the brake system for the bus went out in the middle of the night on our way back to Dallas. I drove the last two hundred miles with a guy pulling on the hand brake to slow us down as we went through small Texas towns. In one of those towns, he didn't quite slow us down enough, and I went around a 90-degree turn on two wheels. On subsequent New Mexico trips, we lost a gearbox driving down the mountain in Santa Fe and lost our electrical system heading back from Ruidoso, both potentially disastrous events. My guardian angel was working overtime!

GUARDIAN ANGELS IN YOUR DAILY LIFE

This is about the extent of what most people think about when guardian angels are mentioned. You don't think about them in your normal daily life, only in times of crisis. That's what we are about to change.

For the purposes of this book, we are going to use the commonly accepted belief that a guardian angel is an angelic being who has been assigned or volunteers to watch over you during your complete lifetime. The guardian angel is assisted by angelic

guides who might be departed parents, relatives, friends or specialists in your field of work.

This book is a self-help guide for learning how to be in touch with your guardian angel on a daily basis and the huge benefits that will result. After reading this book, you may wish to read more about angels, and there are certainly many, many books about angels and others in the spiritual realm.

The Gentle Way is an easier path in life that you can take. I'm not going to prove this to you; you are going to prove it to yourself through direct experience. In the next chapter, I will explain how I discovered this simple system that I've been using for the past ten years in my work and personal life.

CHAPTER TWO

HOW I BEGAN

Learning how to be in touch with your guardian angel is truly a simple process. Making it part of your daily routine is the hardest part, for we are all creatures of habit. Adding something new to our daily lives, even though it might be highly beneficial, takes some work.

DISCOVERING BENEVOLENCE

I read a lot: business publications related to the entertainment industry (where I make my living) and many other types of books, especially those concerned with spiritual subjects. About ten years ago, I kept noticing that many of the spiritual books I was reading kept using the word “benevolent” to describe suggestions from the angelic realm. Robert Shapiro, in his inspirational book, *The Council of Creators* (from the *Explorer Race* series), wrote: “. . . seek out more benevolent experiences for yourself. Seek out more benevolent companions and experiences of benevolence for you and your companion or your family or your people.” These suggestions seemed a little vague, but I was intrigued.

Benevolent (pronounced *be-nev-o-lent*) is not a commonly used word in everyday language, so it was quite noticeable to me. *Webster’s Dictionary* defines the word benevolent as: “A

kindly disposition to promote happiness and prosperity through good works, or by generosity in and pleasure of doing good works.” I wasn’t exactly sure how that related to what I was reading, but my curiosity was aroused.

ON TO BENEVOLENT OUTCOMES

Then I read a suggestion in Robert Shapiro’s book to request a benevolent outcome for a specific need.* That sounded interesting, so I decided to try it. I realized that in order to see if my “experiment” worked, I would have to have some immediate feedback. Therefore, I began by requesting out loud a benevolent outcome for finding a parking place next to where I went daily to pick up my mail. There is limited parking there, which is not helped by having a busy veterinarian’s office next door and a fast-food restaurant next to the veterinarian.

It worked fantastically well! Someone would pull out of a parking space just seconds before I arrived. I also tried this out when we went to the theater and when we went out for dinner. It worked again and again, with the only exceptions occurring when I was reluctant to pass by a parking space a little farther away. Then, as we walked up to the door of the restaurant or theater, I would see the vacant parking space waiting for me had I chosen to continue to drive closer to the entrance.

HOW DO BENEVOLENT OUTCOMES WORK?

I gradually expanded these requests to every phase of my life—business and personal—with the same success. In the

*I interchangeably use the words “benevolent outcome,” “most benevolent outcome” and the abbreviation “MBO” throughout this book. These terms all mean and refer to the same thing.

following chapters, I will give you many examples of how to request these benevolent outcomes in your life, but let's begin with some basics:

- * A request for a benevolent outcome is a request to your guardian angel for assistance.
- * A request for a benevolent outcome has to be for exact intentions. You are asking for something specific.
- * It can only be used benevolently, even if it is accidentally (or otherwise) said in some way that isn't benevolent.
- * A benevolent outcome must be a request for something you wish to happen, not something you don't wish to occur.
- * It will only work if the experience is benevolent for everyone, including those who cooperate consciously or on a subconscious level in bringing about your request.
- * The request has to be for *you*, although others with you may be benevolently affected too.

Again, a request for a benevolent outcome is not just words you say; it is a *request of assistance* from your guardian angel. There are times when you can even feel energy after your request—I think that is a feedback of love from your guardian angel. Putting emotion and feeling into the request also helps. You are asking for a specific connection with a person or persons that encourages those people to do something they might otherwise do anyway, but your request asks them to do it at a specific time if it is not against their will or best interests.

You must request benevolent outcomes for positive results. As an example, you would say: “I request a most benevolent outcome for my drive to the office this morning.”

You wouldn't say: “I request an MBO for not having a wreck on my drive to the office.”