

Change
Your Encodements,
YOUR DNA,
Your Life!



AMMA THROUGH
CATHY CHAPMAN



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Your Life

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CATHY CHAPMAN**



Light Technology Publishing

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Introduction

Dear one! Yes, you who are reading this page! You are very much a dear one. You have been dear since you sprang from the oneness of Source. This does not mean that you are separate from Source; you have never been separate, even though you might believe that you are. Separateness is a fallacy of your life here on this planet of duality.

You have in your hands one of the many books that will help you see past the myth of separateness. This is the first book channeled through this one [Cathy Chapman]; however, there are many others. You have been called to read this one—if you had not been, you would not be reading these words.

What does this book offer that is different from other such books? Know, first of all, that it is simply another way to explain what is happening in your reality. The more of these books you read, the greater your perspective will be about what is happening. Enjoy learning, remembering and stretching!

This particular book has three basic parts. The first part discusses various aspects of what you call love. Please be aware that “love” as I use it has nothing to do with your romantic songs, movies or novels. Love is the most powerful energy. It is an energy of great vibration. You are made of this energy. You can learn to do many creative actions with this energy. When you learn to harness the energy called love, you can do whatever you wish to do in your life. The only caveat is that your intent and your actions must be in accordance with the vibration of love energy.

Understand, dear one, that I am this love energy without any change in vibration. You sprang from this same love energy without any initial change in vibration. The difficulties you have in your life come from changes in that vibration. When you act in any way contrary to the vibration from which you came, discordance occurs. That is what you are experiencing on this planet—discordance. The first part of this book reminds you of what love is.

The second part of this book contains an introduction to powerful techniques for working with your DNA encodements. Over the course of time, you will receive much information on encodements. Read the material here to discover what encodements are and how you can use them to make great changes in your life.

I will tell now that encodements are energy structures particular to you that assist you in learning what you came here to learn. They can be damaged. They

can be changed. Artificial ones can be inserted. You have, within the second part of the pages in your hand, specific information on encodements that will help you do what some would call miracles. Use and enjoy this information!

Dear one, the time for living a life of difficulty is over, unless you wish it not to be. All you need in order to have joy and ease in your life is to align your thoughts, beliefs, feelings, words and actions in the highest way possible with the energy from which you sprang—love. The information you have before you will assist you in learning how to do so. Take the information available to you in this book and in others, and make your life what you wish it to be.

Does that mean you can eliminate all suffering? Yes, it does mean that! Does it mean that what you might call “bad” things or “painful” things will no longer occur? No, dear one, it does not mean that at all. What it does mean is that you will discover who you truly are and how to release that which is not you. You will receive instruction on how to accept the lesson and release the “packaging” of the lesson. Peace and joy result when you take the lesson and release the package in which the lesson comes. You might have received a most valuable gift in an utterly plain or even ugly package. The package does not determine the value of the gift inside. The lesson available to you is the gift. The lesson is priceless. The event—or the people—that brings the lesson is the packaging. Once you have the lesson, you will no longer need the packaging. Release it. You will discover joy and peace.

The third part of this book contains what some call predictions. Predictions are nothing more than a reading or interpretation of the energy at the time when the energy was read. Very few predictions cannot be changed. When you find things that did not occur as predicted, there are one of two reasons: Humanity changed the energy, or this one [Cathy] misinterpreted the energy. Channels can only be as clear as they are. There are times when a channel’s own belief system interferes with the interpretation of the energy. Predictions can be changed to have a more positive outcome—the point of my making predictions is so that you can change them.

Dear one, each time you begin reading, I suggest that you do the following: Breathe in and out of your heart center. Set your intention to tap into the energy of the message you are reading. Ask that all necessary information come to you. Ask that you be given the secrets contained within the message and ask to be shown how to implement these secrets. You have powerful information in your hands. It is dormant unless you use it. Have fun exploring!

One further comment. If, while you are reading, you have the thought, “I wonder if I could . . .,” know that the answer is almost always, “Yes, yes, yes!” As you read, I will have one hand upon your heart and one hand touching your mind. You are love, and you are beloved. I am Amma, the divine mother of the divine mothers.