

Gaia Speaks

SACRED EARTH WISDOM

GAIA THROUGH PEPPER LEWIS



Light Technology Publishing

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Acknowledgments

Long before this book existed as it does now in its printed form, it still existed. It existed in my heart, in my mind and in my future timeline, which Mother Earth would reveal to me once in a while when life seemed particularly hard. As validation for its eventual birth, I felt both empowered and at peace whenever I would so much as sit with or add to the pages that Gaia had written through me.

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—Pepper Lewis

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Preface:

The Art of Channeling

An air of mystery has always obscured the art of channeling, shrouding it with mists that lie between the known and the unknown. Channeling is a metaphysical art, meaning that to explain it, one must look beyond the physical realm. Unfortunately, this label has managed to render the entire subject somewhat “hands off,” especially for those who reside outside metaphysical, or New Age, circles. Although venerated long ago, today channeling lies somewhere along the dubious outskirts of reality, toggling between the believable and the forgettable. But those whose lives have been touched by this art know otherwise, and I place myself proudly among them.

Channeling, also referred to as mediumship, is both timeless and ageless. It is best described as the ability to become aware of and translate higher frequencies and dimensions of understanding, as well as to benefit from them in some measurable way. A channel, or channeler, is someone with the ability to access and focus this experience. Although a more simple process could not exist, the veils that separate the dimensions can be quite dense. Layers of thought forms as well as various belief systems lie between what we are able to respond to and what we can only imagine. These can easily interfere with and even prevent us from receiving the full benefit of multidimensional awareness. They can make the distance between realities span even farther. If we could simply release anything that stands between our reality and its illusion, channeling would quickly become obsolete—but until such a time, it serves a splendid purpose.

Channeling is possible because everything in the universe exists first as energy and then as form. Some forms of energy vibrate slowly, and other forms vibrate more quickly. This rate of vibration determines what dimension the energy will be expressed in, because density, or slower vibration, creates matter. A slow, or lower, vibration might be expressed physically in the form of a table, a chair or an automobile. Higher vibratory energy might express nonphysical things like creative ideas or thoughts. Beyond the comprehension of the human mind,

energy continues to vibrate until it becomes finer still. We cannot see these vibrations and our minds cannot logically comprehend them, but we can perceive them because they are there; they exist. These finer vibrations are just as available to us as any other resource.

Channeling is an art not a science. It is objective in intent but subjective in form. Both the subtle environment of the heart and the not so subtle environment of the mind influence channeling. The mind's child, the ego, sees the process as a game whose outcome would benefit from its involvement, so we must acknowledge that even the most adept and devoted channels are subject to both inner and outer influences. One can never become an "expert" channel. Those who take pride in proclaiming themselves the only, the truest, the original or the first and last authority on the subject do so from a biased and personally subjective point of view. This immature stance is often tempered by life itself and later surrendered. Even within the ranks of trusted, world-class channels, the diversity can be stunning. The best channels are those who have a deep and abiding trust in Spirit and are aligned with the path they have chosen.

Adept channels consistently and accurately represent rather than interpret what Spirit offers. It is the channel's responsibility to remain an observer of the process. Detached yet aware, the channel moves her awareness into the background, allowing higher wisdom a wide spectrum within which infinite potential can be expressed. A good channel is able to set aside personal issues and concerns by aligning body, mind and spirit with energies that transcend the lower self. Because channeling takes place at deep levels of awareness that exist beyond the reasoning mind, there is no need for channels to surrender the ownership or authority of their bodies. Trust and true partnership guide the process from beginning to end.

Everyone has the ability to channel, to a certain degree. We send and receive messages all of the time, even when we are not consciously aware of doing so. In fact, we often take our own intuition—which is also a form of channeling—for granted. Anyone with a sincere desire to develop this ability can do so. There are only a few prerequisites, the most important one being the ability to trust and surrender to the process. Not everyone, however, is naturally adept in this regard. Just as there are gifted artists, writers and musicians, there are also gifted channels, who excel in their field. Although a positive interaction with channeling can lead to a wonderfully fulfilling experience, a less than favorable experience can quickly sway a neutral mind. Such an outcome is often the result of an unskilled intention gone awry. It is best to allow each experience to remain independent of the rest.

Channeling offers us greater awareness and deeper wisdom than our normal waking reality provides, but it would be a mistake to assume that it is a quick fix for solving our problems or resolving life's disappointments. Most often chan-

neled guidance offers simple, uncomplicated and unrestrictive answers to our direct questions. What we do with these answers is between our own free will and us. As humans, we have a tendency to complicate the simple and to hear what we want to hear rather than what is being said. It is important that we accept the guidance we receive in the spirit of good will in which it was expressed. Remember that guidance will shelter you from indecision, but it will not remove the decision process altogether. Ultimately, your life is your own.

There is as much to learn from the guidance we receive as from the process itself. With so many different spiritual teachers and guides to choose from, it is good to develop your own moral and spiritual compass. There are a variety of schools of thought to discover, libraries to access, halls of records to visit, angels from every order to consult, and there are helpful higher beings who can impart wisdom from any number of dimensions and disciplines. The path of service does not end when our physical lives end; usually, it only begins there.

Approach every channeling experience, including this book, with an open heart and an open mind. When we remove our self-imposed limitations and restrictions, self-love and well-being are often revealed. If we allow this, it can open the door to peace, joy, abundance and fulfillment. Set an intention to receive the highest and best that Spirit can offer. Ask that specific and pertinent guidance continue to flow into your awareness long after the experience has ended. Do your part by recognizing and appreciating the intent behind the guidance that is being offered. Realize that there are some things you must discover for yourself and that it may not be in your best interest to receive these from any other source. Be open to receive wisdom and positive reinforcement at all times and from all sources, including your own self. Give full credit to the subtle, indirect nuances of life as well as the synchronicities that present themselves moment by moment.

Allow yourself to receive the many benefits that channeling can offer, including a revitalization in health and well-being, specific guidance, unique discoveries, a sense of peace and answers to issues and concerns. Never forget that you are one with All That Is/Creator/Source. As such, you are entitled to all of the wonders of the seen and the unseen worlds. Channeling can bring the best of all worlds into your own—it has into mine.

—Pepper Lewis

Introduction

Welcome to your book. I say your book, because indeed that is what it is. The words printed on the pages of your book may at first glance seem identical to those found in additional copies of the book by the same title, but I can assure you that your copy is unique and original. In fact, it has been written with you in mind and has been specifically dedicated to you. You will hear and respond to the words herein differently than any other reader. If need be, the words will rearrange themselves on the page in order to call attention to what is most important for you to know at this time. Reading on different days and at different times will yield different results, as will reading in different environments.

It is proper etiquette for an author to make appropriate introductions whenever possible, but perhaps especially before embarking on a journey of such magnitude. A passenger on a ship should know something about its captain. As a reader, you also deserve to know something about the background of this author as well as how these words came to be.

I am the nonphysical sentience of this planet. Simply put, I am the planet Earth. I am the body and the soul of the planet you currently inhabit. My sentience is conscious and aware of itself and its purpose. That being said, the Earth's physical body, which includes her resources and functions, is not the author of this work. By comparison, the physical you that authors your daily thoughts and words is not the same as your soul, which authors your life's purpose. You call the physical planet "Earth," but she is also known by other names. Today you are familiar with terms such as Mother Earth, Gaia's Voice, Mother Nature and Terra Firma; other civilizations have had names of their own. My sentience guides and enlivens all that surrounds the planet as well as all that is upon and within her. My sentience animates the air you breathe, the energy you burn and the water you drink. All of the elements are under my care and direction, as are the seasons and the weather. I am a devoted companion

and trusted friend to all life forms, including the animal, plant and mineral kingdoms that share the planet with you.

My sentience, the most aware, advanced and attuned aspect of my being, is that which directs these words. This endeavor is not the first attempt on the part of this (my) sentience, and many other works that are still in existence could easily claim my name. History, more often than not, recognizes and endorses those who least merit it, hence my namesake is of least importance. It is only as relative as the wisdom you discover within these pages. On the other hand, great effort has been expended by the physical vehicle, our channel [Pepper Lewis], who has been receiving and transcribing these transmissions for over a decade.

Although many believe in a sentient or feeling Earth, not all are attuned to her. Channeling offers a unique advantage in this respect, because it allows the transmission of vibrations and impressions to be communicated as language. The advantages of this tool far outweigh the obvious drawbacks, which include unconscious obstruction and conscious distortion. In this forum, composed for use by the public domain, my words are offered through a clear and receptive channel, one whose duty and devotion has been tempered by time, sacrifice and service. A deep and constant yearning to communicate with each of you urges me to depend upon this ancient art and the service of a trustworthy medium, my companion in numerous incarnations.

Those who work in the name of Spirit do so because their personal journey is aligned with their soul's path of service. The path of service is two-fold and encompasses both service to self and service to other than self, or world service. Although humanitarian work can indeed be called selfless, it is not the same as the path of world service. For instance, one who is devoted to humanitarian efforts may very well have sworn such an oath in a previous life, for a variety of reasons. The path of service is a long one, spanning many lifetimes. It is rigorous and severe, and although the rewards are many, it may be several lifetimes before they are experienced. To be clear, the path of service is not a selfless one but is that which leads to self-fullness.

Our scribe, on the occasion of this life and for the purpose of this work, which shall be expressed in various volumes, is the aforementioned Pepper Lewis, a name which hardly suits her but has adhered itself to her nonetheless, for reasons she can best explain. From time to time and during the course of our journey, I will make reference to her using various expressions and names. These will include scribe, channel, medium, author, partner, companion and Elizabeth or Eli, a name that is a much better fit, at least by account of this unbiased opinion. All are considered terms of respect and endearment by this sentience, who has known many past close associations with this channel, perhaps more so than with others. Details of these experiences will be revealed as they become relevant to the subject at hand. The chronology of these events is of little importance at this time.

To be accurate, the process by which this material is made available to you is called automatic writing and is a form of mediumship. This method was placed into active service just after the fall of Atlantis. Prior to then, your mind was not separate from that of your brother or your neighbor. Your memories were individual but also collective. Although the process by which impressions are received by our scribe is not a difficult one and the relaxed state of awareness is fairly easy to achieve, appropriate and devoted candidates for this work have never been large in number. A surrender of at least a certain amount of personal identity is required, as are authorship and any claim to fame that may ensue from such an endeavor.

Over time much has been said and written about the Earth, yet little has been accurate. As you rediscover your origins, you will also rediscover mine. I have been the sentience of this planet from the beginning and before then as well. I was here as it was but a thought in Creator's infinite mind. When the fires were at last extinguished and the molten rock began to cool, a dynamic combination of elements emerged. Many forms of life have come and gone over eons of time, and humanity's existence upon the Earth is but a drop in the cosmic ocean. Still, the greatest potential has always existed with humans, because they are the product of both creation and evolution.

Your cosmic origins give rise to possibilities beyond what you now imagine. My ability to communicate with humanity has waxed and waned over time, although it has always been my creative directive to do so. Our communication has been influenced by many factors, including individual and collective consciousness, religious and spiritual fervor, planetary evolution and upheaval, genetic mutation and manipulation, as well as alterations and aberrations in how time is expressed.

Today two priorities guide my sentience. The first is to erase the perception of separation that seems to threaten the planet. Assumptions, suppositions and misinterpretations have given rise to fear and distrust. Soon separation will be disarmed and falsehoods will be dispelled. Consistent communication between all forms of life will return, and a true language that speaks with one voice and is heard by all hearts will again be the norm. The second priority is to awaken and expand the collective consciousness that has immobilized the hearts and minds of many.

Long ago access to knowledge and wisdom was unlimited. An ever-present field of awareness made memorization obsolete. Telepathic thought made the field available, and intent allowed your mind to extract the desired knowledge. Much later, after the fall of Atlantis, true knowledge was much more scarce, so it was kept secret and protected from all but a few. Wisdom was taught first-hand and passed between generations of initiates by spoken words and formulas that were laced with alchemical wisdom. This was difficult to memorize, as you might

imagine, so after a time, the wise ones encoded stories, puzzles and games with mysteries that could be discovered by the most adept.

Today the electronic media presents many new opportunities. Communication travels so quickly and effortlessly that important messages are often mistaken for common jargon. Information has given birth to its offspring, misinformation, which has proliferated faster than anyone could have imagined. Wisdom is still plentiful; it abounds in every language and on every continent. True masters of wisdom still stroll among the common citizenry, just as long ago fools hid secrets that are only now being revealed.

The words I speak are also not new, but you will hear them as if for the first time. They are represented in the first person rather than in the second or the third, where they would seem even further removed. You will receive my words both within and without, because they are not separate from you. I am an extension and expansion of that which you are. Those who hear my words do so above and beyond other voices and demands that clamor for attention in the busy modern world. You will find that my words are most present in your life when you are most present in your life. Your experience of my sentience may be emotional or intellectual, depending upon your own makeup. You will find that my communication is compassionate, yet precise. Together we will explore obstacles, solutions and opportunities.

I have no interest in chastising humanity for the problems that currently face the world. My message is not intended to save you or the planet, and it will not prevent the occurrence of any upcoming calamity. There is no adverse condition that cannot be righted with the power of intent and the right use of will. Beyond that we are both eternal beings and as such will continue on regardless. What you embrace or reject today will have a significant effect upon the outcome of the next several years, and my messages are but one of many resources from which to choose. Where the will is established, a way will present itself that is clear, concise and forthcoming. As compassion and authenticity continue to increase, humanity will discover the courage and willingness to heal the environment and the world. Abundance, health and joy will replace scarcity, poverty and fear.

This book will first be offered in English, a somewhat generic language whose meaning is often misconstrued, but one that is also common throughout much of the globe. It is my sincere desire that my choice of words will be descriptive, yet practical and concise. Soon after, this work will be published in other languages as requests come forth and opportunity abides.

It is my hope that you will find my message meaningful and that you will continue to develop an appreciation for who and what you are. Your quest for truth and knowledge did not begin here and it will not end here. This is but one of many paths that crisscross your heart and mine on the way to Source/All That Is.



A Thousand Points of Light

May 2002

I have heard of Indigo children, but can you tell me if they are the same as or part of what is called the “violet race”? Can you also describe holographic beings?

Indigo children, and Indigo adults for that matter, are humans who are arranged differently from what most would describe as the norm. They are predisposed to individuality and to leadership, though not all will express themselves in this way. They perform poorly in confinement and isolation; classrooms, think tanks and meditative postures are anathema to them. Indigos are carriers of a dolphinlike frequency and perform best in podlike situations. An Indigo’s pod becomes his or her family for life, even if the pod members are not actual relatives and regardless of any time sequences that might separate the pod. Indigo beings respond best to direction when it is presented with a natural, open and creative approach. Indigos are extremely loyal to those who befriend and understand them but can become easily agitated and insecure when questioned regarding their loyalty or fidelity. They are aware that differences exist between themselves and those who are unlike them but believe for the most part that these differences are due to societal demands above and beyond those required of others. Indigo beings are unique in a variety of ways and, depending upon the individual, the differences can be pronounced and even astounding.

INDIGOS: THE FORERUNNERS OF FUTURE GENERATIONS

Indigo beings are the forerunners of the race of beings most humans (not all) will evolve into. They will assist in elevating the higher aspects of societal response but will ignore or destroy the lesser aspects. For instance, Indigos are

less apt to condemn others (regardless of injustice, crime or violation), and they are/will be less than willing to conform to a forty-hour work week simply because it is the norm. Injustices work against their personal sense of balance and rhythm, and their frequencies cannot abide this. The thoughts and conclusions drawn by Indigos will not often concur with those of others, regardless of what peer pressure might be brought upon them. They will argue, but not fight, and will most often quit rather than succumb.

The brilliance and intelligence of Indigos lie in their ability to create and live in an abstract reality rather than one born of logic or linear thought. Let us say that a linear/logical, reality-based experience finds a person's direct path blocked by a mountain. Logic would dictate that the mind contemplate and then execute a new direct path, perhaps one that goes through, around, over or beneath the boundary or obstruction. An Indigo would evaluate the same choices as the logical thinker but not often choose a solution based upon a logical conclusion. An abstract, reality-based experience will find the Indigo denying that the mountain is a block to the direct path. Much to the frustration of a logical thinker, an Indigo will force another reality to manifest. The new reality might—or might not—offer better choices, but to an Indigo, that is not the point. The Indigos' intelligence lies in their ability to create based on new and abstract ideas that exist beyond the third dimension, the dimension of logic, mind, form and density. Their brilliance allows them to make use of another reality while existing in this one, which is the very reason that they are the forerunners of future generations. Indigos are closest to becoming fourth- and fifth-dimensional beings. This can be most exasperating for teachers, parents, employers, spouses and others who can interact with them only in the third-dimensional plane.

Indigo beings respond differently to sunlight and to patterns of sleep as well as to all space and time considerations. They are often early or late but rarely on time (which would be logical). Their interests are varied and can therefore be turned on or off at a moment's notice. Their health cannot be measured by antiquated devices such as food pyramids or caloric intake. Their eating patterns might be unusual or erratic, because their physiological vitamin and mineral content is unique. An Indigo's physiology has a propensity for sugar, which assists him or her to turn on or adjust (lower) his or her frequencies to an alignment more consistent with the balance of humanity at this time. As humanity continues to evolve and adjust, so will the Indigo's dietary requirements.

Indigo children are sometimes diagnosed with deficient attention spans. In this time frame it is called attention deficit disorder, or ADD. Indigo children find current societies in disorder and their corresponding educational systems in deficit; therefore, they will offer little of their attention in support of them. It is likely that, of necessity and by the sheer increase in their numbers, they will cause new schools with new methods of education to emerge.

Eventually, these will become the norm rather than the exception.

Indigo beings are agents of change and as such, they are a part of every walk of life, within every societal venue and occupation. They continue to be born upon all continents and to all races and cultures. Their energy and frequency will serve as a bridge between realities and dimensions. They are equally at home (or not) in a variety of situations as long as they can access their pods or support systems. These will often consist of an unlikely grouping that, not surprisingly, will not seem logical to the observer. Indigo children will raise themselves with the assistance of their pods as well as with the assistance of their families. A parent or friend of an Indigo child or adult would do well to celebrate what is likable and acceptable regarding the Indigo individual while honoring with humor what is not. Guidance is best offered in abstract or indirect ways that do not impinge on the courageous Indigo.

VIOLET RACE INCARNATES AGAIN ON EARTH

Violet beings are part of a race that is once again choosing to incarnate upon the Earth. These beings have lived both upon and within the Earth at various times throughout Earth's history. Their lineage can be linked to the violet frequency or ray of expression which—perhaps more for them than for other races—has served them both in and out of body. Because of this, their health is typically better than that of the average human citizen, even though they are subject to the same environmental influences as other races and beings. The violet race can more easily identify, react and adapt to Indigo beings, because they are both catalysts, agents of change.

The violet race has lent its seed, or essence, to other races but has not received the same in return. Violet beings' vibration has been violet upon violet upon violet, adding to, rather than diminishing, their frequency. They do not hold themselves apart from other races or beings; on the contrary, they offer their friendship, honor and respect whenever possible. The violet race is a peaceful one; these beings do not condone maliciousness, use of force, weaponry or aggression of any kind. Can you see why some of them have been asked and others have volunteered to return to physical Earth? The violet race walks among you daily. It is one of many races that will make their presence known as the vibratory frequency of the Earth allows.

Long ago, the first conscientious objectors came from the violet race, during a time when ills similar to those that face present-day Earth were considered and evaluated. Violet beings gave voice to their concerns and complaints when an open mind was present and held silent when not. Their objections were presented peacefully, and even those who made their home at opposite ends of the energetic spectrum found little fault in what was proffered. While not in physical body, they have continued to offer support to humanity in ways and waves

honored by the natural realms. Perhaps one of the finer and most recent examples of the effects of the violet race are the words, energies and support lent to well-known civil rights leader, Dr. Martin Luther King, who took to heart the visions and dreams that were shown to him. Other citizens have also been offered the same assistance, which requires a step toward unity rather than separation, but not many have yet been able to move in this direction.

The violet race is generally more attuned to nature than other races of beings. This attunement will bring about changes in chemistry, botany and all fields relative to the use of land and that which it cultivates. The violet race also carries an understanding of architecture based upon geometric principles that will make housing more ergonomic and naturally climate controlled without the need of fuels and gases as is common today. These beings are attuned to the partnership and cooperation of all elements, even though they do not always enjoy physical interaction with them. In other words, they are interested in clearing air pollution but do not, for the most part, like to fly. They are fine gardeners but will do their best not to get dirty; they will go to great extremes to find or develop clean water but do not often like to swim or frolic in water. Likewise, they enjoy the company of crystals, rocks and minerals but will not go far out of their way to seek them out, preferring instead to have the specimens themselves find their way into the environment of the violet beings.

The violet race is here to stay as far as can be presently seen. Violet beings are here to assist and participate and can be found in small and large cities alike. Their numbers are currently small but are growing consistently. They must find and partner with others of their own race in order to continue their lineage here. A small segment of violet race beings will intermarry or link up with other beings of complementary frequency, but these arrangements do not often produce a child. For this reason, those of the violet race must seek out one another.

HOLOGRAPHIC BEINGS ARE ENERGIES

Holographic beings are best described as energies that can manifest a body. They are not a race of beings but could be considered a race of energies. They, more than other beings, are able to arrange and rearrange themselves in different patterns in order to serve themselves or others. They are primarily a race of caregivers or service providers, though a loose interpretation of this must, of necessity, be invoked. Holographic beings could, for instance, manifest a body within a certain circle of governmental intelligence in order to impart important information. They are never perceived as being out of place in a given situation, because they match their energy with the highest and best use of their gifts of service, and that is how they are perceived. Only the manifested body is a hologram; their energy in the form of a message or assistance is quite real. Service is offered and almost always accepted, on all lev-

els and in all places. Imagine someone asking you if you need help carrying a heavy box or bag at a time when that assistance is of most use to you. Would you stop to question whether or not that person is real or only a hologram or would you simply accept the assistance? Later on you might realize that the person came out of nowhere and departed the same way, but most likely you would still simply be grateful that the person was there when you most needed help. As you begin to relax your views and definitions of reality, you will see and experience much more!

Holographic beings are also able to create holographic experiences designed to serve you or a greater cause, as the case may be. For instance, they can create or orchestrate a reality (hologram) in which you are able to experience yourself at a higher level, thereby giving you the confidence to continue to do the same for yourself. They can create a reality (hologram) in which you are able to experience and then release a fear that has burdened you, thereby assisting you to overcome a different hurdle. Many have had wonderful encounters with holographic beings but remember only the experience as wondrous and not the being.

On certain levels of reality, your physical life can also be called a hologram; certainly, at times it has been referred to as an illusion. Holograms are constructions, basic or complex, based upon living matrices of light. They are compositions, art forms and expressions. Holographic beings are guided by an intelligence that can permeate and participate in all worlds—and in many ways—where it is welcome. Humanity has been most appreciative of the role this intelligence has played thus far, with more to come.

THE HUMAN BODY'S GRID SYSTEM HAS INTERSECTING LINES

Can you explain in detail the difference between the grid system and the meridian system of the human body?

The grid system is part of the original (divine) blueprint. It is divided into several quadrants and supports many intersecting coordinates. Each coordinate represents a specific point of light or vibratory expression, depending upon how that coordinate is viewed. The grid system, as defined by human orientation, is similar to the Earth's grid system, which is supported by axiatonal lines (also called ley lines). These lines also intersect and interact with one another in order to create and stimulate uninterrupted well-being, maintenance and communication. When operating optimally, this system is designed to promote the expression of perfection. Each coordinate or intersecting point of light is unique unto itself even while it also relates to the body and the beingness, which supports its purpose. In other words, each point of light is sentient, aware of itself as well as the grander purpose or being it serves. This is important to note, because it reveals that there is both perfection and a plan even for the smallest points of light.