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SEDONA
*Sacred
Earth*

A Guide to the Red Rock Country
Revised Edition

Nicholas R. Mann



Light Technology Publishing

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Dedication

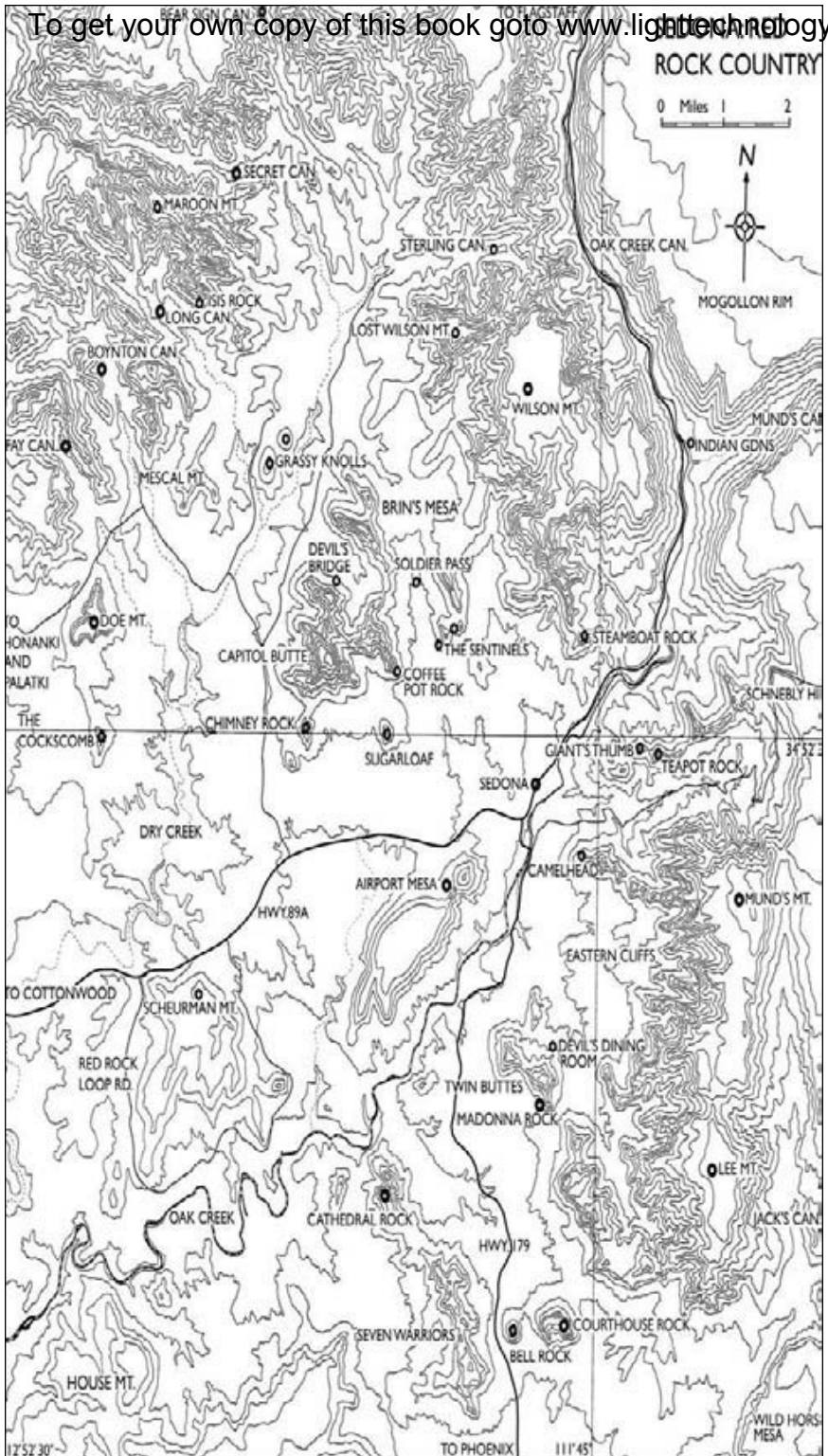
“It’s coming. Oh yes, it’s coming all right. From over there.” White Bear gestured with his hand at the stars over the mountains. “It’s been a long time, but the way is opening now—the path to the next world.”

We sat on his front porch up on the Hopi mesas, a few summers before he died. White Bear, clan chief and the main source for Frank Waters’ *Book of the Hopi*, was explaining to me, a white guy, what was going to happen soon. With almost messianic certainty, he knew without doubt that a great transformation was going to happen to the earth and that for people to go through this safely, it was necessary to walk the spiritual path. Why was he telling me this, when white people—including Frank Waters—had ripped him off all his life? Maybe it was because I am British and more interested in my ancient traditions than in trying to follow his. Much of what he said seemed weird, but what it came down to was that something—a spirit, a force, an energy, a spaceship, something—was on its way and the transformations it would bring to the earth and its people would be total.

Later, when I was living in Sedona, I met White Bear again. I gave him a picture of the giant figures I had discovered in the Sedona landscape and he was genuinely pleased that this information was emerging. His message was always the same: “Walk the good path, the path of Spirit between the worlds. Be ready for the openings to the next. Take any way you can to get on this road. Remember where you came from, who you are and where you are going.”

He had a stroke and died not long after that. But I will always remember him, with his determination to walk his otherworldly path to the stars and, at the same time, his insistence on doing the washing up so that every drop of precious water, with all its nutrients intact, could go on the plants and young fruit trees outside his back door. I don’t think I understood all of what he taught me at the time, but as there is information about the changing spirit of the earth in this book about Sedona, it is dedicated to White Bear.

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Introduction

Sedona is a place of stunning magnificence and power. Millions of years of geological formation—deposition, faulting and erosion—have created a landscape that is among the most beautiful and spectacular in the world. Anyone who makes the journey from Flagstaff down Oak Creek Canyon, perhaps when the autumn colors are at their peak, and stops beside the river to look at Sedona below and the towering red rocks above knows that here is a place that weaves the memories of lifetimes.

This book is an attempt to describe the power of Sedona. I bring in native traditions, geology, geometry and physics to try to explain what makes Sedona so special, what makes it so memorable. Yet, although you may be an anthropologist, a geologist, a mathematician or a physicist, you don't have to be one to grasp what is in this book! Simply being on the land, being in its energy, being open to the wonder and beauty of this amazing landscape is all that is needed to understand what I'm talking about.

The ancient peoples known as the Hohokam and the Sinagua; the contemporary tribal peoples, the Yavapai and the Tonto Apache; the Spanish, the first white pioneers and then the latter-day settlers were all greatly impressed by the Sedona landscape—and all of them, in turn, left their impression upon it. Each group in its own way made a contribution to Sedona's extraordinary story and, as a result, the Sedona landscape is deeply imprinted by legend. For the native peoples—the Yavapai and the Apache, for example—Sedona was a sacred place. It was the place of emergence, a place of regeneration, of medicine and of connection with the spirit world. I explore these traditions in the first part of the book, since it is these traditions that underlie and contribute to the experience of spirit and sanctity felt in Sedona today.

From this basis, I go on to explore the Sedona Landscape Temple. I describe the remarkable animal and geometric figures in the Sedona landscape and conclude with a description of the chakra system that contains important information about the changes and new energies that are opening up today. The Sedona Landscape Temple is an agent of planetary, human, national and spiritual transformation that contains a vital message for us.

—Nicholas Mann

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