

Homeopathy FOR Epidemics

Homeopathy in
Times of Crises

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DHM



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All photographs were taken by the author. Photographs on the cover were taken at the following locations: *Ruta graveolens* (yellow flower, garden rue) in De Kruidhof Botanical Gardens; *Foxglove purpurea* (pinkish-purple flower, digitalis) at Barbara Ward's home near Green Island, Dunedin, New Zealand (South Island); *Rhus toxicodendron* (poison oak) at Westfork Creek, Sedona, Arizona; *Aconitum napellus* (blue flower, monkshood) and *Convalaria majalis* (white-flower lily of the valley) in my backyard. The photograph of the gorgeous purple opium poppy was taken "somewhere in Europe."

Contents

Foreword xv

Part 1: The Role of Homeopathy during Modern Epidemic Threats

| | |
|---|-----------|
| 1. <i>What Is Homeopathy and How Does It Work?</i> | 3 |
| Homeopathic Remedy Preparation and Potency | 4 |
| Is There Proof That Homeopathy Works? | 7 |
| Was Homeopathy Ever Popular in the United States? | 10 |
| Who Uses Homeopathy? | 11 |
| Can Homeopathy Totally Replace Allopathic Medicine as It Is Practiced in This Country? | 12 |
| What Happens When I Go to a Homeopath? | 13 |
| Understanding the Difference between Allopathic Medicine and Homeopathy. | 15 |
| Is There a Time When Drugs Should Be Used Instead Of Homeopathy? | 17 |
| What Is Hering's Law of Cure and How Does It Affect Me? | 18 |
| Can Anything I Eat or Drink Antidote My Homeopathic Remedy? | 20 |
| Are Homeopathic Remedies Dangerous? | 21 |
| What Is a Proving? | 22 |
| 2. <i>Homeopathic Standard Operating Procedures</i> | 25 |
| What Do We Do during an Epidemic or a Terrorist Attack? | 25 |
| Some Frequently Asked Questions | 27 |
| 3. <i>The History of Pandemics and the Ebola Virus</i> | 31 |
| Killer Bugs and Viruses: The Black Plague of the Twentieth Century | 31 |
| The Coming Pandemics | 39 |
| <i>Ebola Zaire</i> | 45 |
| <i>Ebola Sudan</i> | 48 |
| <i>Ebola Marburg</i> | 49 |
| <i>Ebola Reston</i> | 50 |
| What Can We Do? | 50 |
| 4. <i>Homeopathic Remedies for the Flu and Colds</i> | 53 |
| Headaches with Flu or a Cold | 56 |
| Cold Remedies | 61 |

| | |
|---|-----------|
| 5. SARS: Pandemic of the 21st Century? | 67 |
| The SARS Outbreak | 67 |
| Symptoms of SARS | 68 |
| Homeopathic Remedies | 70 |
| Other Possible SARS Remedies. | 96 |

**Part 2: Biological and Chemical Terrorism:
Homeopathic Strategy for Today's World**

| | |
|---|------------|
| 6. Modern-Day Epidemic Threats | 109 |
| The Hantavirus Epidemic | 109 |
| Lyme Disease | 115 |
| Whooping Cough Epidemic | 119 |
| Strep A—Flesh-Eating Bacteria | 122 |
| Measles and Mumps | 126 |
| West Nile Virus | 132 |
| 7. Smallpox | 145 |
| The History of Smallpox | 145 |
| Symptoms of Smallpox | 146 |
| Diagnostic Information | 147 |
| Homeopathic Treatment of Smallpox | 147 |
| The Nosodes | 148 |
| Other Homeopathic Remedies | 153 |
| Homeopathic Journal Proves Use of Homeopathy Against Smallpox. | 164 |
| 8. Anthrax and Homeopathic and Antibiotic Treatment Protocols. | 167 |
| Anthrax Biological Warfare Information | 167 |
| Paths of Infection | 168 |
| Symptoms of Pulmonary Anthrax | 169 |
| Symptoms for Cutaneous Anthrax | 172 |
| Symptoms for Gastrointestinal Anthrax | 173 |
| What Else Can I Do? | 174 |
| 9. A Terrorist Attack Releasing Plague | 175 |
| What Is Plague? | 176 |
| Preventing Plague | 179 |
| Symptoms of Pneumonic Plague | 181 |

| | |
|---|------------|
| 10. Botulism and Bioterrorism Attack | 183 |
| What Is Botulism? | 183 |
| Clinical Information | 184 |
| Homeopathic Treatment | 187 |
| 11. Nerve and Chemical Agent Attack | 189 |
| Types of Nerve Agents | 189 |
| Plain Talk on the Symptoms | 190 |
| Types of Homeopathic Symptoms | 190 |
| Behavioral and Psychological Changes | 193 |
| Respiratory Inhalation | 194 |
| Cardiovascular Symptoms | 195 |
| Gastrointestinal Symptoms | 196 |
| Ocular (Eye) Symptoms | 197 |
| After-Exposure Symptoms | 198 |

Part 3: Epidemic Materia Medica

| | |
|--|------------|
| 12. Homeopathic Epidemic Materia Medica | 201 |
| <i>Aconitum napellus</i> | 202 |
| <i>Ammonium carbonicum</i> | 204 |
| <i>Antimonium tartaricum</i> | 206 |
| <i>Apis mellifica</i> | 206 |
| <i>Arnica montana</i> | 208 |
| <i>Arsenicum album</i> | 209 |
| <i>Atropinum</i> | 210 |
| <i>Baptisia tinctoria</i> | 212 |
| <i>Belladonna atropa</i> | 212 |
| <i>Bellis perennis</i> | 214 |
| <i>Bothrops</i> | 214 |
| <i>Bryonia alba</i> | 214 |
| <i>Cantharis</i> | 216 |
| <i>Carbo vegetabilis</i> | 216 |
| <i>Carbolicum acidum</i> | 217 |
| <i>Chamomilla</i> | 219 |
| <i>China officinalis</i> | 219 |
| <i>Coccus cacti</i> | 220 |
| <i>Coffea cruda</i> | 222 |
| <i>Colocynthis</i> | 222 |
| <i>Conium maculatum</i> | 223 |

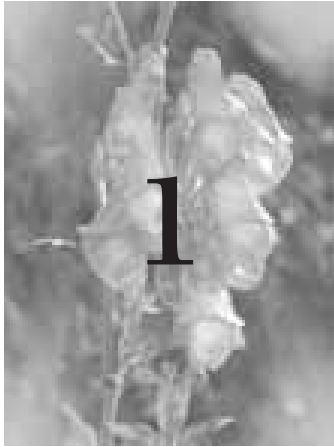
| | |
|---|-----|
| <i>Crataegus oxyacantha</i> | 225 |
| <i>Crotalus horridus</i> | 226 |
| <i>Cuprum metallicum</i> | 228 |
| <i>Datura stramonium</i> | 229 |
| <i>Digitalis purpurea</i> | 230 |
| <i>Drosera rotundifolia</i> | 232 |
| <i>Echinacea angustifolia</i> | 233 |
| <i>Eupatorium perfoliatum</i> | 234 |
| <i>Ferrum phosphoricum</i> | 234 |
| <i>Gelsemium sempervirens</i> | 235 |
| <i>Hepar sulphuris</i> | 236 |
| <i>Hypericum perforatum</i> | 237 |
| <i>Hyoscyamus niger</i> | 238 |
| <i>Ignatia amara</i> | 241 |
| <i>Iodium purum</i> | 241 |
| <i>Ipecacuanha</i> | 244 |
| <i>Lachesis muta</i> | 244 |
| <i>Laurocerasus</i> | 246 |
| <i>Ledum palustre</i> | 248 |
| <i>Mercurius corrosivus</i> | 248 |
| <i>Naja tripudians</i> | 250 |
| <i>Nitricum acidum</i> | 251 |
| <i>Nux vomica</i> | 254 |
| <i>Opium</i> | 255 |
| <i>Phosphorus</i> | 257 |
| <i>Plumbum metallicum</i> | 259 |
| <i>Pulsatilla nigricans</i> | 261 |
| <i>Pyrogenium</i> | 262 |
| <i>Rhus toxicodendron</i> | 263 |
| <i>Ruta graveolens</i> | 264 |
| <i>Secale cornutum</i> | 265 |
| <i>Sulphur</i> | 266 |
| <i>Veratrum album</i> | 267 |
| <i>Zincum metallicum</i> | 267 |

Part 4: Posttraumatic Stress Disorder

| | |
|---|------------|
| 13. What Is Posttraumatic Stress Disorder? | 273 |
| How Do You Get PTSD? | 277 |
| Symptoms of PTSD | 280 |

| | |
|--|------------|
| 14. <i>What PTSD Survivors Need</i> | 285 |
| Find Your Safe Place. | 286 |
| It Is About Boundaries. | 287 |
| On Judging and Listening. | 289 |
| Let It Happen in Its Own Time | 291 |
| Random Acts of Kindness. | 292 |
| What Good Has Come out of PTSD Trauma? | 293 |
| 15. <i>Homeopathy for PTSD</i> | 297 |
| The Dangers of Retracing with PTSD Survivors: | |
| What Should Be in Place | 297 |
| Finding the Right Homeopath for a PTSD Survivor | 298 |
| Acute and Chronic Trauma Homeopathic Remedies | 301 |
| PTSD and Anger. | 311 |
| 16. <i>Shock and PTSD: What Do They Have in Common?</i> | 313 |
| What Is Shock? | 313 |
| Signs and Symptoms of Shock | 315 |
| What Can I Do to Prevent a Person from Going into Shock?. | 316 |
| Shock and PTSD Survivors | 317 |
| Homeopathic Remedies | 318 |
| 17. <i>Flower Essences for PTSD</i> | 323 |
| What You Love Can Help Heal You. | 324 |
| Flower Essences for PTSD Symptoms | 325 |
| 18. <i>Shamanism and PTSD</i> | 333 |
| What Is Shamanism? | 334 |
| How Do We Lose and Recover "Pieces" of Ourselves? | 335 |
| How Can Shamans Help? | 336 |
| Hot and Cold Journeys | 337 |
| Homeopathic Treatment and Soul Recovery and | |
| Extraction (SR/E) Applications. | 340 |
| Indicators of Soul Loss | 341 |
| Appendix A: <i>Homeopathic Antidote List</i> | 347 |
| Appendix B: <i>Homeopathic Resource Information</i> | 353 |
| Research | 353 |
| Professional Societies and Associations. | 360 |
| Homeopathic Products and Services | 365 |
| Related Organizations | 381 |

| | |
|---|------------|
| <i>Appendix C: Resources</i> | 385 |
| Ordering Flower and Gem Essences | 385 |
| Flower Reports | 386 |
| Locating a Shamanic Facilitator to Request a Soul Recovery and Extraction Journey for Yourself | 386 |
| Homeopathic Kits by Eileen Nauman | 387 |
| <i>Appendix D: Other Books by Eileen Nauman</i> | 389 |
| <i>Appendix E: Homeopathic Software</i> | 391 |
| <i>Bibliography</i> | 393 |
| <i>Index</i> | 401 |



What Is Homeopathy and How Does It Work?

Homeopathy, a complementary form of medicine practiced around the world, is based on the law of similars. The Greek word *homeo* means “similar” and *pathos* means “disease”—similar disease, or “like cures like.” Homeopathy utilizes medically active substances at infinitesimal potencies, which makes them safe, non-habit forming, non-addictive, non-allergenic and without side effects.

Let me give you an example of “like cures like” so that you can understand homeopathy in action. Everyone, with few exceptions, has been stung by a bee at some time in his or her life. Everyone has felt that sharp, burning pain from the sting itself. Then the skin rises and turns bright red; there’s lots of heat surrounding the area of the sting and the skin usually feels itchy too. Using a more scientific explanation, one can say that your body is “dis-eased” by the sting. We choose a homeopathic remedy that parallels the symptoms of the sting and introduce it, like an artificial disease, into your body. Because the potentized remedy is stronger than the sting, the body or rather, the vital force, gets the signal that something is wrong, reorganizes itself and its systems and focuses its energies on healing the symp-

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