EXPLORER RACE

Material Mastery Series

Shamanic Secrets for Physical Mastery

Speaks of Many Truths and Zoosh through Robert Shapiro



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Foreword

Whether you be a native person or an insightful person, a yogi or a good Buddhist, it is in the nature of the understanding of all life, of sensitive knowing, compassion and heartfelt feeling, that all life is sacred—to be loved and to feel love when that love is freely given. This book is about ways to give love and receive love from beings who wish to give and who wish to receive. It is about how to live in a gentle way, how to walk gently on the land, how to give the land what it needs and how to respectfully receive from the land what it gives. It is about benevolent magic. It is about life, which is magic in its own right. It is about the respect that we all desire and deserve. It is about giving, receiving and walking together in harmony.

—Speaks of Many Truths through Robert Shapiro

Preface

Sometimes I will say something that is meant to prompt the reader to stop and think, "What does he mean by that?" Sometimes incomplete information is given by a teacher because it is meant to prompt the reader to stop, put the book down and consider what that might mean in more detail. This is why sometimes things are not meant to be clear. It's why sometimes things are apparently vague, because the student, the reader, is meant to fill in the best he or she can with his or her own inspiration.

Teachers teach not only by instruction, but by allowing students to participate even in thought as they are learning. This can be useful because it trains students to act to the best of their ability on their own. After all, what will the student do when the teacher is no longer available, eh?

Over the years we have sometimes given things that are not totally complete, and as good spiritual students you have done your best to fill in the gaps for yourselves. Those gaps stand in place as long as they stand until something else comes up in the future that relates to them and we or someone else through Robert gives you more details. That's when you have a moment where you see something more uniquely, more specifically, or it even prompts your own inspirations. That's how the teaching works.

We cannot give you a complete and thorough explanation of every single thing because it is important for you to have life experience, which often prompts you to think in new and different ways. That alone is helpful for your inspiration and to draw conclusions that are workable and become portions of your wisdom.

—Speaks of Many Truths through Robert Shapiro May 2004

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August 11, 1999: Beginning a Different Way

Speaks of Many Truths July 26, 1999



ell me about the effects of the August 11, 1999, lineup of planets. What is the aftermath? How will this affect humans?

To me, aftermath always means application of what you have learned in new and often more useful ways. It means this time you have been living through. It has been meant to strip from you your old adaptation. You must, as a soul, adapt to Earth ways when you come here. You cannot do things the way you have done them on other planets with the same wisdom and enthusiasm. You must do things here the way they are done. Sometimes this is not much fun, but you get better and better at it. Then after a while you don't remember that you ever did it another way or that there is another way.

Discomforts Bring Up New Skills and Strip Away the Unnatural

You have come to moments in the past that have been intended to bring up your soul and spirit skills, usually in a dramatic situation—as you know, in an emergency, this disaster, that disaster. Then suddenly everyone works together for the betterment of all beings. But that type of thing can only happen so much, until disasters cause more harm than good—and you have seen much of this. So now it is better for you to have an opportunity to become aware of things you have been doing that can be done in a different, better way that is in greater alignment

with what is natural for you.

This time you have been living through has been designed to strip away the unnatural, just as an actor would leave the character he or she plays in the theater, then go home and be himself as best he can. It is the same way for all people. Many of you will have had some discomfort through this time recently, but sometimes that is to get you to ask for help if you don't know how or are ashamed. Some of you have been taught to be ashamed to ask for help, as if there was something wrong with you for asking this. This is unfortunate in your cultures now, but it is a fact. Sometimes you are put into a position where you must ask for help, then you discover that it's not so bad. People are often happy to give it, and they give you new, better ways to be and to act. Then you don't have to do things the way you used to, which was oft-times painful or uncomfortable. You got used to the pain because you thought this was the only way to do it.

For those of you in situations like this, you have had to unload some behaviors that you could do in a different, better way or that other people could do for you. You have had to say, "Well, that's just how it is." Others of you have had a different opportunity. Maybe you have lots of skills you want to offer or didn't even know you had, and you were put into a position where those around you—or people you maybe didn't even know—suddenly needed you to do something. Much to your surprise, you discovered that you could not only do it, but that you were good at it! That's the time you have been living through most recently.

Don't feel bad about some discomforts that come up. These are all intended to lead you to the same place—to do what you naturally do best and to let go of what you don't do so well. You have all had to learn how to do many things that you don't do so well. Sometimes it was necessary; other times it gave you some compassion for those who will be continuing to do these things when you don't have to do them anymore.

You all are beginning to learn now that a finger can be a finger and a toe can be a toe, and sometimes toes can do things like fingers and fingers can do things like toes, but it is always easier for fingers to be fingers and toes to be toes. (That's something we say to our youngsters, but it is very profound.) Some people can do some things very well and other things not so well, but they try.

You are all being reminded that you do not have to do the same things. Some of you can do some things and others other things. You are being reminded that some of you do some things easily because you were born to them, and others, if you don't do a thing so easily, there's probably something else you were born to. If you haven't been asked to do it yet, you will be, so you'll discover it if it's remembered. Gen-

erally speaking, if it's hard to do, if it seems completely unfamiliar, if you feel completely lost doing this thing, most likely you were not born to it. Things that come easy, natural to you, these you were born to.

A Time of Rediscovering the Whole and What Skills You Were Born With

I always thought that the things you were born to were the things you had done before and that in this life you were to learn new things. Is that not the way it works?

My understanding is that in this life, yes, you are born to *discover* new things, but now you are in a different time—a time now of rediscovering the whole. Every person is part of the whole spherical One. In the whole spherical One of each planet—or sometimes even each family (but usually each planet)—there are always certain people who do certain things well. Other people don't do those things so well because they were born to do something else.

Now is a time of rediscovering the One (the planetary One), then becoming more than that. But start out as the *planetary* One. In my time it is more like the tribal One. In your time it has expanded to be the planetary One, and it is now a time to rediscover that. So in the next few years, not much more than that, everybody will discover at some moment or another what is natural for you, what you were born to, skills you were born with—talents, you call them. You might not do them full-time, but you will discover them.

If you are in doubt, ask your friends. You might say, "Have you ever noticed anything that I am really good at?" At first you will laugh, but after you get over the joke, then say, "Will you notice me a little bit the next few times we are together and tell me if there is something I'm just good at that you notice or can think of now?" Most people will not need to do that, but some of you might, and it's okay to say such a thing to your friends.

Too Much Individuality

What was the catalyst? What happens so that suddenly the old way we lived was changed?

You went too far into individuality. You began thinking of the individual as a sphere in his or her own right—such as each individual being a planet—the individuality of each being more important than the whole of all beings. You got to the break point with that. If you went any further, you would not be able to keep soul capacity; all souls on the planet at any given moment would not be able to feel, on a spiritual level, union with all other souls. If you do not feel that way, then mass death takes place.

So something happens in August?

What Really Happened: The Third Wave

1: The first wave, who wanted to awaken, were previously pulled gently.

2: The second wave, who wanted to awaken, were previously *pushed* gently.

3: The third wave, peaking on August 11, 1999, do *not* want to awaken but are being massively pulled *and* pushed, using astrological pressure.

No, it has been building to this for hundreds of years.

And this year . . .

This year is the time to notice that individuality is not meant to be the goal, but the *means* to the goal: exploring individuality to discover the whole of all beings. Normally one explores the whole of all beings to appreciate that, but in recent years cultures have been exploring individuality. You have gone as far as you can go with this.

We start perceiving ourselves as part of a greater whole instead of each being an individual whole?

Yes, but it cannot be a philosophical or mental conception. It is not about *thinking* about it that way. It is not symbolic; you have been presented with all of that already. It must be something for which there is *physical* evidence. In the past, in disasters people are put into situations. Some people are good at climbing, other people are good at thinking, some people are good at following, other people are good at directing and so on. In disasters you discover these things very quickly out of necessity, but disaster often causes much harm. And now with more people *everywhere* on the Earth, it is not possible to have too many disasters without causing great harm to people. There are so many people, you know. So other kinds of pressures must be created that affect the planet, such as motions of celestial bodies. These things affect the planet, and you, being made up of Mother Earth's body, are also affected. That is why motions of celestial bodies affect you. Astrology is real.

August 11: A Trigger to Discovering New Abilities

So the lineup of planets that will happen in August will trigger this?

Correct. Because this is a way to create things without floods, fires, earthquakes or volcanos.

So we each feel a pressure to become part of the whole.

A pressure, exactly. Or circumstances will happen more often where your "born to" talents must come to the surface. If it is not pressure on you, it is pressure on somebody who knows you or pressure on someone you happen to be nearby, say, at the scene of an accident. If you have something you are good at (maybe you don't know it) and someone says to you (here you are, walking by—innocent bystander, eh?) or just says to the crowd, "Run down to that drugstore! We're all

out of something. Run down as fast as you can get there, and run back." Obviously, the heart patient does not volunteer, but somebody suddenly gets a feeling, drops everything, runs down, runs back, and discovers, "I didn't know I could run like that!" That is a simplistic example, but it could happen. This is a dramatic example I've picked because it is appealing, but ofttimes things are much more subtle.

For instance, you are visiting the home of your neighbor who has recently given birth. The child is having a problem, crying, coughing, something—not enough to call the doctor, but you get the feeling of what is wrong with the child. "Try this," you say. You are not even married, never had any children; your only experience with children is being one yourself. But suddenly you say, "Try this." Your neighbor tries that and immediately the baby is happy, fine. Your neighbor looks at you and says, "How did you know that?" And you say, "I don't know." [Laughs.]

You've discovered a hidden talent. Maybe you have the capacity to . . . it's not thought, it's just something you say immediately. You discover you have a connection to youngsters, babies. Somehow you are able to know what they need as a simple, sudden thing. "Oh, do this," and maybe just change the position of the baby. "Oh-oh, that's okay, that's fine." Then the young mother says, "Oh well, my other kids didn't need that, but I guess this one does. Thank you very much. If I have another problem, I'm gonna call on you." Everybody jokes and laughs, and maybe you think about it later: "Where did *that* come from?"

I've got goosebumps.

See?

Humans, then, need to really start focusing on what is called in business their core competency, right?

Yes, these skills you must know about, because you need to discover that you have undiscovered talents, talents you were born with. But most of you do not know of your talents in such a way that you are using them all the time. Oh, you might say, "Gee, I've always been able to swim really well." Like that. You have discovered the kind of talent that would be discovered in your school system, because the school you went to had a pool. Or maybe you discover you're a good athlete or something because your school has a good athletic program, or you're good at math. But most talents are not discovered in schools; most talents are discovered in circumstances of *life*. [Laughs.]

Now circumstances are changed a little bit so people have the chance to discover talents they didn't know they had. Then they can say, "Oh-h-h, I can do *that!*" That is very important, because once you discover a talent, you will be aware of it. There might be a circum-

stance again in the future where such talent is needed, and you might have some competence. This doesn't mean that everyone who gets an inspiration *all* the time has that talent, but you will recognize it if it just comes natural, easy, or someone gives you a tiny amount of instruction and suddenly you are really good at it—a quick learner, they sometimes say.

Are you saying that we may have been doing things because of circumstances in our life, and they're not what we were born to do?

They're not what talent you were born with. You just adapted to this because your culture says everybody must do everything. Some people were raised to believe that it is not okay to ask for help. Somebody down the street is good at math; you aren't, but you struggle along with math. You study, study, study, and you get to be adequate. The person down the street hardly studies at all, and he is a whiz at math.

So you should be doing something else—is that what you're saying?

Probably you were not born to math, you were born to something else. You are a whiz at something else; you just don't know about it yet. Everybody is born for different things. They don't know what they are because the system you live in, the culture, is not set up like ancient cultures, where people's talents were often discovered. They did not have the same education for everyone. In your culture, there is the same education for everyone—opportunities are very limited to discover people's talents. Usually, the culture is *also* very limited. You get out of school, get a job, get married, have children, like that. This is a very fixed way of living. There is not much variety, not much opportunity to discover what you might be good at because it's such a fixed culture.

But this is the time when we have to start to do what we love to do. Is that what you're saying?

Exactly, and what you love to do is very often what you are good at, and *naturally* good at. In circumstances of things being different, it has been very important for you this year to be very flexible. People who are rigid this year are having trouble, but if you are flexible, adaptable, you will be able to learn this easily and perhaps in ways that are fun. If you are rigid and unable to adapt, and are controlling or living in circumstances of *feeling* very controlled, you might require drama. So be more flexible.

There's the inertia of habit, also. If someone's done something for twenty years, it's hard to start over.

When they've done it that way, that's right. You don't have to start over. Remember, starting over is too much, if done in the way you have been doing things. You can't do that. "It took me twenty years to learn how to do this so I can do it well now." Do you understand? But when

you discover the thing you are good at, it takes you a week or two to get *really* good at it, not twenty years.

So you're really talking about every human beginning to do what he or she wants to do and suddenly enjoying life.

I am talking about *discovering* what you are good at. Maybe not everybody feels they can do that right away, but it's an opportunity to discover. Only a few people on the planet—in terms of percentage, 10, 15 percent—are doing what they are naturally good at. Most everybody else is doing something that they are just doing. They learned how to be good at it but were not born to it.

So when someone finds what he is good at, then he needs to have a career change or do it as \dots

You need to take note that you are good at this thing. You don't necessarily need to throw your career away. But you need to consider, "Now I know of at least one thing I am good at that I didn't know about before. I wonder how this could be used in a career. I've racked my brain; I don't know. I think I'll ask my friends; I think I'll ask others." You are now in a position to ask people you will never meet through the telephone, computer, other things: "I discovered I was very good at this. Is there a job where this is involved?"

You don't know about it, your friends don't know about it, but somebody on the other side of the Earth says, "Oh yeah, how 'bout this?" And you say, "I don't know." This would be the thing you discover you can do. You say, "Oh, how wonderful!" Then because of advice from friends, others, people who live miles away, people you don't even know, you discover, "Here's something else I can do that I didn't know about," similar to the thing you've discovered. Then somebody else says, "Well, what about this?" and you discover, "Oh, there's that, too, and it's kinda like what I been doing, yes." Then you discover there is even more.

Do you understand? You discover things that are related, that have their foundation in the thing you've discovered you can do. Pretty soon you discover all kinds of things that are natural abilities that open up new avenues for you to do in a career that would be easy.

New Jobs Created, New Designs and Technology

During this time and for the next three to five, maybe seven years, fully half the world's jobs will be created. When people start doing what they are *good* at doing, an explosion of creation and creative energy goes into this, because when you are happy doing what you are doing, it is like a celebration. You no longer are just trying to do the best you can at something that's hard for you. You find that it is easy and fun to do the best you can at something that is fun to do. You can

put creative energy into this, and it's not hard; it's simple.

Lots and lots of jobs will be invented in all fields, not just technology: medicine, healing, food preparation, lots of new kinds of cooking, making garments, making decorative objects, making furniture. In the next few years, society will begin to form the nucleus of things that have appeared as benevolent pictures in science fiction, like futuristic furniture (not just funny-looking stuff that would be uncomfortable to sit in, but things that would actually be comfortable).

For instance, Robert is currently sitting in a flat chair, but what if the chair was shaped like a doughnut but well-padded, so that the rounded portion of the person's bottom kind of hangs a little bit in the chair and looks beautiful sitting there. Before you sit in it, you say, "This has got to be uncomfortable." Then you stretch back and you discover, "I've never found a chair so comfortable in my life." So futuristic-looking things will suddenly be designed to be more comfortable and more beautiful.

The world will be re-created like a celebration. Everybody wants things, everybody is doing things they enjoy doing. People make lots and lots of money, and can buy lots and lots of stuff.

A renaissance.

A renaissance, a good word. So this is coming now. This is coming for your people and can only happen when people are loving what they do because it comes easy, or at least the core thing comes easy. Things that are allied to it are also easier than what you've been doing. But if you go too far, you get to the point here [makes expansive gesture with arms spread wide]—thing is not quite so easy anymore.

We went too far.

That's right, you went too far. You don't do that anymore because there is somebody else who does that thing, and you don't have to take the bad with the good. You just know, "Oh, somebody else does this. If I have been discovering this, soon I will meet these people. If I do not know them, I'll ask friends. If friends do not know these people, then I'll ask others I don't know on the computer. Somebody will tell me, 'Oh, this person is doing something like that, too. You two ought to get together."

So this is a very positive thing that is happening. What's been building up for all these years, culminating with the astrological configuration in August, is going to change the way we perceive ourselves and the way we live.

Exactly. It is the beginning of better times. Of course, it will not always be so wonderful. Things will still happen that make you unhappy, but this is the beginning. And remember, sometimes opportunity is disguised as difficulty. Difficulty often means you must do

things differently, better; it does not mean you can't do things anymore. You may not find that different way right away, but you *will* find it. Then you'll do it differently, in a better way. Then it is very easy and you won't look at doing that thing with dread like before. Now you say, "Oh, fine."

For example, nowadays very often people dread going to the dentist's office: "Oh, pain. Somebody fooling around in my mouth—I don't like that." Very soon, without any discomfort—no needles, nothing—you'll go to a dentist's office that will have not only current technology, but more that's coming—no pain. You'll just relax, listen to music, watch a video, and the dentist will work. It will not be uncomfortable at all. There will be no needles. Something will be put into your body with no break in the skin. An adaptation of a previous invention is coming.

So you'll see new things coming. Surgery will be the same way pretty soon. No needles, no pain. Having surgery will be like having someone work on your car—it's fine. "I go to the doctor, she does this thing, and I heal up real quick afterward."

Social Skills

There will be a revolution in such things for other technology also, including interaction with social skills. Right now you might want to do something to help people: "These people don't get along with each other. How can I help?" It's hard. You go to school, learn many, many ways; it takes years and years. You get out and it is still a struggle, but some people discover in this time or soon after that they are good mediators, good between people: "Oh, why don't you this? Why don't you do that?" People say, "Oh yeah, I didn't think of that. Good idea! We can do that. Fine."

See, people help each other. Lot of times people want to help each other; they just don't know how to do it because they are trying to do a job they don't find easy. They try to apply what they were taught, which worked in some other situation at some time. But that application does not work in this situation, so they need to have a different application, not only for the individuals involved but for the circumstances, both inner and outer—to say nothing of the inspirational moment. If you are good at that, then you go there. You are with those people for just a moment, and an inspirational moment happens. You say this and this, you try this and this, and everybody says, "Oh, yeah! That's terrific!" because you are good at that.

That's wonderful!

Then life gets easier, it is more fun to live—there's no stress. Stress goes away and people live longer, happier, healthier, more comfortably.