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A Request from the Spiritual and Cosmic Hierarchy

Beloved reader, you hold this book in your hand because you are one among many who have heard the call of the new millennium. This is a call to leadership and to uphold your rod of power, wear your mantle of self-mastery and share the path of God with your brothers and sisters on Earth. As one millennium passes to the next, we speak in unison the actions put forth by our beloved brother during his ministry as the Christ: "Oh thou that tellest good tidings to Zion, get ye up into the high mountain." The mountain, dear hearts, is the mountain of ascension and this dawn of the seventh golden age is calling forward all who would stand firm and strong upon that mountain and, with love, help guide their brothers and sisters up the path into the glory of their own ascension so that the kingdom of God be manifest on the Earth.

This is the hour of transformation and many are the ascended masters, angels, archangels and brethren from other worlds who wait for your simplest request to serve you in ever greater capacities. This is the hour to stand forth and know beyond a shadow of a doubt that you are not alone. In fact, the subtle presence of the higher realms has led you to pick up this book you now hold in your hands and calls you to action. This is not the hour for timidity or shyness to hold you back or for you to wait for total clarity. You have found this book and it has found you, because you are ready to help anchor heaven on Earth. You are clear enough, beloved pilgrim, to gather your fellow travelers around you so that you may help assist one another up the mountain of ascension into the rarefied air of full God realization.

Within these pages are practical tools and guidelines. The path has been forged for you, beloveds of God's heart. The road has been cleared and the way uncluttered. All you need do is follow the simple tools and guidance unfolded here, and you will be enabled to unfold all the love, wisdom and power that lies within you and your fellow travelers.

We of the celestial realms, we of the inner-plane hierarchy of planetary and cosmic ascended masters, we of the angelic and archangelic line, await your willingness to serve. Likewise do we call you forth. In unison we sound forth the call to let go of any imagined obstacles or self-imposed limitations or discomfort. If you feel the force of God moving within you and seek to share that divine energy, then you will follow the inner light that guided you to these pages, and in groups of two, three, four, twenty, fifty or hundreds

you will join with us in helping to guide all to their greatest glory.

You have taken the first step toward the manifestation of this divine vision by picking up this book and reading thus far. You have heard the call and a road map is unfolded within the ensuing pages. Do not wait until the hour of perfection, for that hour shall never come—it will only be recognized. You are perfect now and ready now. All further journeys lead but to greater realization of this fact. Have the courage and the will to forge ahead, to answer our call and the call of your brothers and sisters who wait for you to pick up your mantle of leadership so that they may pick up their own.

We give you our solemn vow that we are ever by your side and there shall we remain to guide you, as you in turn help to gently guide others. Fear not, oh beloveds, and heed the call. Our prayer remains what it has been in the millennium past: “Oh, thou that tellest good tidings to Zion (yea, to humanity), get thee up into the high mountain.” We await your arrival and accompany you in your journey.

Introduction

My beloved readers, it has been my great joy to put together this book to facilitate your process of teaching classes and workshops. I have put great thought into writing it and have spent many hours discussing this process with the masters.

One of my main reasons for writing this 18-volume series was to consolidate the best spiritual information from the past, present and future in Earth's history into one easy-to-read and practical set of books. This is why I have called it *The Easy-to Read Encyclopedia of the Spiritual Path*.

By the time I am complete with this project there may be as many as 50 volumes, which will cover everything a person needs to know to achieve self-realization and God realization on all levels. What is unique about these books is their comprehensiveness, practicality and easy-to-read style.

These books serve as an ideal foundation for teaching classes and doing workshops. The inner-plane ascended masters have guided me to put together this book, using the encyclopedia as its foundation. I want you, my beloved readers, to realize that it is not necessary to reinvent the wheel. I have purposely written these books to consolidate psychological and spiritual information on the cutting edge and integrate it with the best contributions from all spiritual paths and religions.

I have done the legwork and homework for you, which has been my joy. With the help of the masters I have outlined an entire one- to two-year program of classes you can teach. I have made this incredibly easy for you. When I suggest that you use this material to teach classes, it could be for two, five, ten or even a hundred people. The number doesn't matter. I even recommend doing this program with a friend in a type of ascension "buddy system" if you like.

I encourage you to consider setting up a class in your home. You could lead it, or it could be a leaderless class where group members take turns. If you are reading this book it means you are ready. Part of the responsibility of moving into higher levels of initiation is that the higher you go, the more leadership and responsibility is placed on you by God and the masters.

Teaching or setting up a class in your home to facilitate ascension realization is one of the most important services you could offer your friends, students and even family. With this book I have made it easy. I show in detail how to start and how to end every class. I have laid out the structure of each class for almost two years. I have shared with you here how to cele-

brate the major holy days that the inner-plane ascended masters would like us to celebrate on Earth.

Using my teaching experience, I have also outlined all the logistical and third-dimensional considerations that will come up. I have put deep thought into this book, with the help of the masters, so that you can teach a class for an entire year with little extra homework. The only tools you would need would be a certain number of my books and my ten meditation tapes.

You have my total permission to use and photocopy for both yourself and class members all the material in my published books and manuscripts as long as you give due credit. I have structured every aspect of these classes with the latest spiritual and psychological tools, meditations, prayers and ascension activations this world has ever known. All you have to do is gather the people and begin. I guarantee you that these classes will be some of the most profound classes taught on Earth.

I am paid nothing for this except the knowledge that lightworkers in every country in the world are being accelerated in the process of achieving their ascension and liberation from the wheel of rebirth. I am enriched when people move from suffering to a joy and inner peace that passeth understanding. The masters and I, as they stated so eloquently in the opening section, are now calling to lightworkers around the globe in every country and city on the planet to claim the rod of power and step forward in leadership to teach or offer your home for this program of ascension classes and/or discussion groups. You do not have to be the teacher; you could set it up as a discussion group with friends. How you do it is not important. Do whatever you intuitively feel is right. What is important is to take a risk. The number of people who come doesn't matter, for if only one person is helped, it is worth it.

The inner-plane ascended masters of the Planetary and Cosmic Hierarchy are now putting forth this request to lightworkers. Do not wait until you feel comfortable, for the law of the psyche is that if you wait until then, it will never happen. At some point you need to just do it. It is a little like "fake it till you make it."

The structure of the class guarantees success. If teaching or hosting a class does not feel right to you after reading through this book, you can try doing it with a friend. I guarantee it will be one of the most profound years of spiritual growth you have ever experienced. Maybe doing it with a friend will show you how easy it would be for you to set up a class in your area.

On that note let us move to the structural organization of the class to show you how easy it is.

1

Opening and Closing Your Classes

Opening a Class Session

After meditating and consulting with the masters, this is what we have come up with for the opening of a class session:

1. Clearing Negative Energies: The Burning Pot
2. Unifying the Group Energy: Holding Hands
3. Establishing the Ascension Column and Pillar of Light
4. Clearing with the Platinum Net
5. Axiatonal Alignment
6. The Ascension Flame
7. Invoking the Planetary and Cosmic Hierarchy
8. The Soul and Monad Mantras
9. Michael's Golden Dome of Protection
10. The Great Invocation
11. Three *Oms*
12. Optional Prayers (differing each week, such as the Lord's Prayer, Rosary, Saint Francis Prayer, Affirmation of the Disciple)

This is only the first ten minutes of your class, so I think you can already sense how powerful the class will be. This sequence of prayers, invocations and mantras will be the same for every class opening.

Let me now briefly go through each one of these to explain what you will be doing. Since this book is for teachers of all levels, the masters told me to be sure to explain the process for beginning to advanced teachers.

1 Clearing Negative Energies: The Burning Pot

I would recommend setting up the burning pot about five minutes before you officially begin the class. Everyone will be seated, and on the floor in the center of the room is a hot plate, on which is a little metal pot. You have already poured about a quarter inch of Epsom salts into the pot. As you are about to begin, pour no more than half an inch of rubbing alcohol over the Epsom salts. When everyone is quiet, throw a match into the rubbing alcohol. For about five minutes it will burn up all the etheric, astral

and mental negative energy in the room. I call this the New Age campfire. Everyone in your group will love it. Explain its effects. I would also recommend that you light some sage or incense at this time.

2 Unifying the Group Energy: Holding Hands

When the pot burns out, the spiritual atmosphere of the entire room will be clear. Then guide the group to hold hands for one minute and connect with each other's heart chakras. This will unify the group consciousness.

3 Establishing the Ascension Column and Pillar of Light

The next step is to call the Planetary and Cosmic Spiritual Hierarchy to establish and activate a gigantic ascension column in the room. Ask that it be connected to a gigantic pillar of light and to your group's planetary and cosmic antakarana, the tube of light that connects you with your monad and God.

4 Clearing with the Platinum Net (see page 57)

Call forth to Melchizedek, the Mahatma and Metatron to bring down the platinum net through the entire group and your home. Platinum is the highest-frequency color available to Earth. The only higher frequency is the clear light of God, which has no color. The platinum net will clear the group and your home of all negative and imbalanced energies on *all* levels.

5 Axiatonal Alignment (see page 56)

The next step is to call again to the Planetary and Cosmic Hierarchy for a planetary and cosmic axiatonal alignment. This will balance all meridians of each individual and instantly align the group energy with God and the consciousness of the Spiritual Hierarchy on all levels.

6 The Ascension Flame

The next step in the class is to call to the Spiritual Hierarchy and inner-plane ascended masters to anchor and activate the golden white ascension flame. You will instantly feel and even see this energy coming in.

7 Invoking the Spiritual and Cosmic Hierarchy

The next step in the class is to call to the entire Spiritual and Cosmic Hierarchy to join your class. Ask that the appropriate master step forward to overlight this class. If there are particular masters you are connected with, this is the time to call them forward. If you like, you can also suggest that the group call forth the masters they would like to assist.

8 The Soul and Monad Mantras

The soul mantra was given by ascended master Djwhal Khul to the Earth through the channelings of Alice Bailey. In my opinion it is one of the most profound mantras on the planet and should be recited every time any spiritual work is about to be ignited. The original soul mantra goes as follows: