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***Dedication to Sai Baba***  
***by the Inner-Plane Ascended Masters***  
***of the Planetary and Cosmic Hierarchy***

Sai Baba is light and Sai Baba is love. Sai Baba is the Shiva embodiment of Brahma and Vishnu. He is also Shakti. It is the joining of the energies of his holiness the Lord Sai Baba with ourselves, the inner-plane ascended masters, that is the inspiration for the writing of this book. Thus it is fitting that we introduce it. We also seek to share the fundamental truth that for all who seek us with sincerity of heart and mind, we stand ready to be in telepathic communion. So we wish to address how we can be accessed telepathically.

The world has advanced and evolved most quickly in recent times. There is a great telepathic network that exists throughout all of humanity, although it is focused most greatly among the disciples, initiates and self-realized masters of the world. This telepathic network is an aspect of the group consciousness that you, the children of the one God, manifest as never before. This is between those of you who are working in the physical realm of embodiment and can be referred to as being in horizontal telepathic communication.

There is another most wonderful telepathic link that has been activated to a degree never before possible to the masses. This is the vertical energy connection between humanity and the higher realms of planetary masters, cosmic masters, the archangels, angels, the elohim and various other planetary cultures whose function it is to aid humanity. We of the celestial hierarchy, dear beloveds of our heart, exist and embrace you from both of these realms. We walk among you as one of you and therefore are in telepathic connection with you via the horizontal spiritual link that exists person to person within humanity. In some cases we are you, for you have reached the heights of being that allow you to be God's very own representatives on Earth. In truth, we, the inner-plane hierarchy of ascended masters of the most sublime light, love and power, live most of our existence in these expanded realms of being so that we ever maintain an open channel of communication with all who seek us via the vertical spiritual link.

This special book is about the bridge that exists between Sai Baba, ourselves of the celestial realms, the inner-plane hierarchy, the author and each and every one of you. It is a tribute and an honoring to his holiness the Lord Sai Baba and also to all ascended beings. It speaks to the pervasive unity of all life, and in joyous devotion celebrates the grace of Sai Baba!

Let it be known that the love, grace and wisdom of Sai Baba embrace all who embrace him and all who love God by any name. All who call to his holiness in love and devotion likewise call to us. Sai Baba has come to Earth to be with you all, for he is of the all and the very essence and substance of that which is, and therefore there is nowhere that he is not, no person he cannot speak to, no prayer he does not hear.

Thus he comes and he is, and he does his cosmic work on the hallowed soils of planet Earth. Thus every man, woman and child is embraced within his heart of hearts. Where love abides there Sai Baba is known—and known by many names. For he is of the heart of love itself. To whose hearts shall he speak? To any and all of you who but love, for love is both the giver and the receiver. Love is the seed, the flower, the fruit and the hand that waters the vine.

What, then, is the great difference between the one who pens the master's inner guidance as he speaks within the heart, mind and spirit, who adores the master's beingness without following the traditions—and the one to whom the master comes as healer in a shower of vibhuti upon a picture, whose path and calling are to follow the master's work along the footprints of Hindu tradition? There is no difference between these, beloved ones. You are all the same, for love will always speak unto love. The vehicle of expression will find the most appropriate outlet, but it will always be that One voice of love that the heart and mind follow and pay heed to.

Expand, then, your vision of him that he might reveal more of his very self to you. That is what the words within this book seek to do: to break down the walls of division and expand the ultimate vision. What indeed is that vision if not one of unity—unity between man and man, woman and woman, man and woman, humanity and God? The form of his holiness the Lord Sai Baba has been brought into manifestation, not that he might be limited by form and conceptions or held singularly apart from the celestial hierarchy, but that you, dear ones, might see through his form in action just how limitless and transcendent form truly is. All bodies are but the dense manifestation of God, and the forms you wear—your embodiments—are, in fact, vehicles for the expanding expression of God upon Earth, and that is what he has come to bear witness to and reveal.

His guiding, loving presence, his light, his wisdom are all here for the asking, for the taking, if only you will reach for them. He is in India in a semblance of human form, yes, but he is also beyond India. He is beyond your imaginings of who he is, and yet he is right here within each and every one of you. Some he calls to make the journey of many, many miles to where he physically resides in form. To others he comes in less than a blink of an eye, for he is already with and within you all. So be not confused or unsettled if you find his guidance within your mind or his touch within your

heart, for even as he calls some of you to where he physically resides, so is he called by some, and hopefully more and more of you, to where you physically reside. And then, behold—there he is!

There is no way to limit him, even as there is no way to limit or confine the limitless vastness of the All That Is. Many hearts, one love; many paths, one truth; many voices, one sweet song of glorification of the One. Be then open to the vastness of his holiness the Lord Sai Baba. Wonder not how one particular person or group of people can hear him and bring through their message of his guidance and love. Rather wonder why you do not avail yourself of this also.

The further into unity one expands, the more pervasive one becomes. Baba has come to Earth already expanded, already pervading; all-pervasive is he. Therefore, follow the path that best guides you to him if you seek to know him. But remember that although that path may indeed involve the journey of many, many a mile, it also may be that with a journey of just one breath, one sigh, you will see him and know that you have been one, even as you ever shall be one with Baba and all of the inner-plane ascended masters. Therefore, no division of heart or revelation has in truth ever existed. Where he is and we are, there God is also. Where thou art, there God is also. In this truth is revealed the secret of his and our accessibility and the glories of our sacred communion.

This book was brought forth from within, not in Puttaparthi, India, but in the heart and experience of Joshua, a devotee who called upon his holiness the Lord Sai Baba and found that he was indeed there. Many books have been written by those who have made the physical journey to his outer ashram. These books reveal a great many miracles and open many a heart.

Here in these pages is the story of an inner journey to Baba to his inner-plane ashram, where also a great many miracles take place and manifest solidly upon the physical. This story is told so that others will know that this journey is available to them also—a journey that requires no airplane trip or passports save one: the passport of love and sincerity. That is why Baba has asked that this unique book take shape and form—so that everyone everywhere and of every faith and path could hear the truth of divine oneness and know how Baba is, literally, but a prayer away from your knowingness of him and his miracles of love. Read this book; then know that this pilgrimage of the heart is one that you can take, even this very second, and that he is in truth already at one with and within you. Even as he does call some of you specifically to come to him, so it is equally true that for the rest of you he simply awaits your call to manifest the love and wisdom and the miracles that life would unfold. He is here and waits only to be of service to you.

Ever in the love of the One, we are the voice of the inner-plane ascended masters.

## ***Preface***

This book is about how to heal and manifest one's ascension, prosperity and health on all levels through Sai Baba and the ascended masters. Before presenting my 420 golden keys, I would like to lay a foundation and provide a context for a number of the keys presented in the book.

During a certain phase of my adult life I experienced some very serious physical health lessons. In retrospect, I see this experience as a wonderful teacher and catalyst for not only my spiritual growth, but also as training in my development as a psychotherapist, wholistic health advocate and spiritual teacher. Since the golden keys that you will read in this book are ones I have used to heal myself on all levels and to manifest my ascension and leadership, you will see that some of them have an autobiographical flavor.

I have written many books of a more didactic nature. This book is unique in that Sai Baba asked me to write a more personal account of how I applied in my own life all of the information from my books and workshops. I refer often in this book to the health lessons I had to overcome and how I did it; therefore, this is one of the themes of the book. Since in my other books I had not written about my personal life, I wanted to provide my readers with an understanding of how I approached the writing of this book.

I have tried to consolidate the heart of my previous books, and much more, into one concise, easy-to-read, practical volume. This book, then, is the quintessential teachings of the ascended masters as I have applied them in my personal life.

My goal was to write a book that would be a guideline for helping people to heal themselves, achieve ascension and move into spiritual leadership—even if they had not read any of my previous books. This book will also provide insights and serve as a resource guide for working with the more in-depth coverage of certain topics in my other books. To you, my beloved readers, I offer this book with great love. May the words and energy from this book provide inspiration and benefit to you on your spiritual journey.

## ***Foreword***

### **Inspired by Sai Baba and the Ascended Masters**

Sometimes it is not enough for humanity to be asked simply to have faith. While faith is indeed an attribute to be cultivated, humanity needs a foundation upon which to cultivate that faith. As is evidenced all around us, the world is in a stage of great and rapid transition. Humanity is being called home to unite the small self with the greater Self, the atman, and the atman with Brahman, the One. This is no small matter, this rebirthing of a planet; and so Sai Baba, the man of miracles, the God avatar, has come to function as a foundation upon which faith can be the substance of things seen, known and felt as reality upon the Earth.

There has been much confusion regarding Sai Baba as well as great elevation and devotion. From the ascended master and esoteric perspective, Sai Baba is a manifestation of the cosmic Christ. He embodies more light and love than any being who ever has incarnated upon the Earth. He is here because humanity is ready for him and, in a very real sense, has called forth his beingness. Part of this is due to the natural process of evolution, which has moved Earth forward to where she now stands, a sacred planet embodying more of the God energy than ever before. Yet humanity itself has played a great role in this evolution through the invocation of light and love, and so has accelerated itself through its own efforts.

Sai Baba then comes forth from transcendent cosmic spheres born of the God-self and the call of the God-self. He comes forth to show the way and the vast potential inherent in humanity, otherwise he would not have taken a human form. He comes forth as a healer, a wayshower and the embodiment of light and love, which he radiates. He comes to teach by word, by the very presence of his sublime essence and by being a living example of humanity's potential. Even though he is incarnated in Indian form and lives in the little village of Puttaparthi, this in no way confines his cosmic mission either to the Hindu tradition or to a specific locality upon the planet. Many devotees seem to know him well who have never met him upon his native soil, for they have met him through the heart light that burns within.

Sai Baba's mission is not only global but cosmic. He is referred to as both Shiva and Shakti, and he is indeed both. As the Earth births herself, the old is destroyed or, more aptly put, transformed, making room for the creation of the new. This is seen all around us daily in every nation, for there is indeed a great upheaval occurring as the old gives way to the new. It



is as if humanity as a whole, with lightworkers at the fore as prototypes, is passing through the birth canal again and again as each level and initiation is transcended, only to be faced with the next level as the process repeats itself. Thus do Shiva and Shakti dance, destroying and re-creating, moving humanity to heights never before within reach of the seeking hand and heart. Shiva and Shakti are pure energy. Shiva is the energy of destruction and transformation; Shakti is the creative principle, the energy of manifestation itself, and the feminine to Shiva. Together Shiva/Shakti form a perfect balance of which Sai Baba is the divine representative.

The pure energy of the divine Mother is yet another name for Shakti energy, the coiled serpent at the base of the spine that rises up through the spine and through the head to unite that which we call man with that which we call God. The advent of Sai Baba is the revelation in matter of the coexistence of these two principles and is thus the true embodiment of human, God-man. Sai Baba is, in full and total realization, the divine representative of both humanity and God.

It is important to realize that Sai Baba is an avatar in the truest sense of the word. He was born enlightened, born awake in the full and total realization of his God-being. He is not your average guru, master or even ascended master. He comes forth as grace incarnate that we might know the future of our own becoming; that we, as devotee or initiate or indeed master upon Earth, might see within ourselves a greater potential for more love, more light, more truth and for God actualization. Yet we are not there now, not in the realm of realization or actualization or even in understanding. Yet because Sai Baba is, and is here, we are graced to see, touch, feel and sense the glory that awaits us within our cosmic evolution.

How, then, is one to look at Sai Baba? Naught but through the eyes of love. How then is one to view his miracles? Certainly not through analysis, for they defy any means we might think we have to analyze them. They too are gifts of love. What we have been graced with is a being so utterly pure and divine and God-realized that to try to know him in any other way save the way of the heart is a useless endeavor. Think on love itself. Is not love complete in the act of loving? Does not one demonstrate love through the virtue of its own merit, its own gift? This is Sai Baba, Sai Ram.

Certain devotees are called to follow the traditional Hindu/Indian path of devotion. Others are not, but likewise are called through love by Sai Baba. Know that he cares not by which manner you are devoted to him or how you know him—only that you know him as love. That love is your shrine and your altar and that which is worshipped upon that altar. Sai Baba comes in form, but who he is so transcends that form that to limit him thusly is to limit love, to limit God. To know him, though, and love him is grace; for it is therein that humanity has the opportunity to see the face and form of

love itself, unaltered and unveiled.

So it is that Sai Baba has graced the Earth at this time to bring more light and love to lightworkers, and to awaken the sleeping to the truth that God is and that God abides within all. The forces of light and love would awaken each and every one of us, even as they would further awaken the already awake! Thus comes Sai Baba, the avatar of love and light, who awakens humanity to God and who gives to each and every one of us who is open to him even a little, the exact thing we need to take our next step into greater knowingness, lovingness and beingness. For some, miracles are required—and they are offered in abundance. Even those who claim to believe in miracles often are awestruck when in the presence of one, be it the manifestation of vibhuti or an amulet, or the answer to a prayer.

Sai Baba is the manifestation of all of this and more. He is Shirdi Sai Baba of the past and Prema Sai Baba of the future. He is now, as he was and will be, the highest manifestation of God on Earth ever to grace our planet. This in no way negates the divinity of Christ, Buddha and other great masters. This is simply to say that an avatar from cosmic spheres has chosen to come upon our Earth at this heightened time of evolution to help nurture her—and all of us contained within her many realms—along the lighted path. Even as Earth embodies more love and light than ever before, so does Sai Baba bring into manifestation in form more love and light than ever has been anchored upon our planet.

This prelude seeks conclusion now, but therein lies the hidden key: There is no conclusion, no ending either to who Sai Baba is or to humanity's potential. Therefore, we simply say, feel with your heart. Sai Ram.