Contents

	Introduction	. ix
1	Andastinn, Prototype of Insect Beings	1
	Many Earth Species Leaving	1
	The Ant Beings	
	Komodo Dragons and Crocodiles	
	How We Live and Travel	
	Our History and Yours	5
	Earth's Arcturan Soul	6
	Our Enjoyment and Our Service	
	Our Appearance	
	Leisure Activity: Accessing New Knowledge	8
	What Brings Teachers and Assistants to Earth	9
2	Kazant, a Timekeeper	. 11
	The Crystal in Our Planet; the Boundaries of Time	11
	An Exercise to Draw Fourth Dimension to You	
	Green Blood and Reptilian Cousins	
	My Past and Future	
	Our Cartoon Appearance and Our Planet	
	Regulating Time	. 17
	Dying Takes You Two Million Years into the Future	
	About Ourselves and Our Crystal	18
	Uncle Zoosh	
	Our Future	20
	Making Tones	21
	Our Clones and Visitors to Our Planet	22
	Time Upheaval and Time Travel	
	Utilize Love Instinct, Creation Tools; Don't Be a Follower	
3	Founders of Sirius, Creators of Humanoid Forms	. 25
	Our Understanding of the Explorer Race	. 26
	Surprising Functions of Some Body Parts	27
	Our Origin	
	The Initial Request for Our Assistance	
	The Living Diamond Portal	30
	The History of Humanoid Bodies	
	The Founders and the Reshaping of the Universe	
	The Use of Negativity	
	My Background	
	The Zeta Reticuli	
	The Third Sex	
	Interference in Your Humanoid Form	
	Other Work We Do	
	The Prototype Cat Being	
	Meddlers and Contributors in Human Genetics	40

4	A Teacher of Buddha and Time Master's Assistant	
	Buddha's Vision for the Many	. 44
	Living inside the Planet in 2500	
	Buddha in the Present	
	Time Wheels	
	The Council's Mistake: Deciding to Control	. JI 53
	The Fifteenth Hour.	. 55
	The President's Return; the End of Separation	
	Probable Realities	. 58
	After Rediscovering Who You Are, You Resequence	
5	Designers of Human Physiology	
J	Glandular Dysfunction (Old Age) and Genetic Dispersion (Change)	
	Our Location and Numbers	65
	Cellular Degeneration and Structural Instability	
	Our Previous Work	. 66
	What We Can Do for a Soul	. 68
	Degeneration: Acquiring Wisdom	
	Current Work on Human Genetics	. 70
6	Avatar of Sea Creatures; and Quatsika,	
	Messenger for the Dimension Makers	. 73
	Creatures Leaving the Earth	. 74
	My Experiences	. 75
	Exponential Expansion between Earth Dimensions	
	Reaching through a Doorway to Manifest	. 80
	Dimensions in Other Creations	. 80
	Overlord Creation: No-Gravity	
	Personal Information about Quatsika	
	Tearing the Veil with Its Null Charge	. 84
	Absorbing the Null Charge When Tearing Through	
	Explanation of Dimensions	
7	The Empath Creator of Seventeen Planets	. 89
	A Desert Planet for the Empath Race	
	The Renewal Role of a Desert	
	Empathy: An Explorer Race Qualification	. 92
	Levels of Mastery	. 93
	Empath Source in Eleventh Dimension for Quantum Mastery	
	The Restorative Creation with Dense Space	
	The Beings on the Seventeen Planets	. 95
	Why Soventeen?	. 90
	Why Seventeen?	0.97
ρ		
8		
	The Circular, Leakproof Portal	
	The Diamond-Shaped Portal for Stuck Beings	. 103
	The Spiral Portal for Fractionating	. 105
	Heart Council's Plan for a Universal Ripple	106
	Creator Chose to Forget Home	107

	Portals for Individuals	108
	Sedona, a Birthing Point of Catapult Effect	109
	About Me and My Work	110
	Wormholes and Personal Portals	
	Experiment with Shapes to Discover Your Own	
9	Creator of the Inverse Universe, Our Creator's Creator	115
•	Your Creator's Beginnings in My Inverse Universe	115
	Inventing an Exit from the Inverse Reality	
	Birthing the Explorer Race	
	What Your Creator Left Behind.	118
	The Loop of Time to Explore Overemphasis on Thought	
	The Solution: Feminine Technology	120
	My Birth from the Void	121
	The Eight Companions of Your Creator	
	Lineages	125
	My Creation	127
1		
1	Creator of the Void, Preamble to Individuality	131
0		101
	My Creator, a Tornado of Life-Creation	
	The Void: Connection and Definition	132
	Lineages: Similarities Plus Something New	
	How the Void Functions	134
	The Makeup and Extent of the Void	
	My Interactions with Others	13/
	Needs As Magnets	138
	Practical Uses of the Void.	
	The Void As a Connection to Unlimited Energy	
1	The Tornado-Shaped Creator of Creators	143
1		
	Relationship to the Center of Creation	
	Beings Refined to Their Essence, Then Spun with Companions	
	The Creation of Particles	
	My Tube and a Second Tube	
	Your Creator and Friends	
	Visualizing/Feeling the Infinite	
	The Spinning Process	
	My History	
	Your Creator	
	Other Creators	
	Moving through the Veils and Leaving Your Patterns in Them.	
	Replacing Creator	156
	Shutting Down a Creation; the Number of Creators	
1	The Center of Creation	159
2		
	Creating the First Past to Provide Momentum	160
	Other Creators; Supplying Substance and Space	
	and Recycling Inspiration	161
	An Echo to Deliver a Tone	
	My Appearance; Souls Returning for Something New	

	Why Creators Might Choose Individual Lives	. 163
	About Your Creator	. 164
	About the Center of Creation	. 166
1	The Heart Council	
3	The Heart Council	
•	The Stepped-Up Transfer of Heart Energy, Feeling the Feelings of	
	Others	. 172
	About the Heart Council	
	The Means of Inspiration	
	The Man Who Prayed for Understanding	. 170
	Asking for Your Heart Energy	
	Our Presence on Your Planet	
	Ribbons of Light for Suicides	
1	Creators of Gold Light and White Light	
4	Creators of Gold Light and White Light	10.
•	Reincorporating One's Discarnate Parts to Move to 4D	. 184
	Solution: Creating an Alternating Life Current	
	The Filtering That Produces the Two Kinds of Light	
	The Matrix	
	The Mopping-Up Procedure in Sirius	. 189
	The Spot That Regulates Discomfort	
	How the Negative Sirians Doomed Themselves	. 19
	A Cosmic History and Chronology	
	The Center of Creation: A Gate	
1	Creator Talks About Itself and the Explorer Race	
5		
-	Zoosh's Initial Role	200
	Your Unconscious As News Broadcaster to Other Creators	
	Bringing in the Spirit of Adventure and the Energy of Discomfort.	
	Early Experimental Use of the Energy of Discomfort	
	Discomfort: The Fast Track to Creatorship	. 204
	Creator's Beginnings	
	Explorer Race Beginnings	
	The Decision of the Nine for Seduction	
	Strands in the Loop of Time	
	Thoughts Chosen over Feelings	. 210
	Wanting to Go Home, to Be Whole	. 21
	The Unexpected, Proof There Is Someone Beyond	. 212
1	Creator Talks About Its Friends	215
6		
	1. Synchronizer of Physical Reality and Dimensions (Sephram)	. 210
	Advisor to the Angelic World Project	
	2. The Master of Maybe (Miriam)	. 21
	Miriam in Atlantis	. 218
	Creating the Net of Light between All Physical Beings	. 219
	3. Master of Frequencies and Octaves (Ah-Nam-u-Ahn)	. 220
	Creating the Atonal Moment First to Make a Communications Web	
	A Being Who Was a River	. 22
	4. The Spirit of Youthful Enthusiasm (Pan/Tri-Ahsk), Master of	

	Variety	
	The Creation of Variety	
	5. Master of Imagination: The Universal Mother	
	The Light Crystal of Spires	
	6. Zoosh, the Storyteller, the End-Time Historian	
	7. Master of Feeling: The Goddess	. 227
	8. Master of Plasmic Energy: The Rainbow	
1 7	Creator Speaks of the Stuff of Creation	. 233
1	You Are a Plural Being, a Whole System	234
	Looking at My Potential Creation from Its Midpoint	
	Matter Responds to Loving Invitation	
	Matter Has Love and Personality	
	Participants from Outside	
	The Explorer Race's Position in the Time Sequence	
	Elongating the Sphere of Creation	
	From Past and Future Came the Present, Where One Learns	
	Responsibility	
	Prolonging the Pleasure of Becoming Your Unconscious	
	Individual Emergence	
	Origins of Seven Teachers	
	The Teacher for the Eighth Chakra	
1	Creator Discusses Successes and the Outworking of Negativity .	. 247
8		
	Your Ability to Forgive	. 247
	See Things As They Are and Celebrate Your Differences	
	Bringing in Discomfort	
	The Negative Sirians	. 250
	Thoughts from Hindsight	
	Free Will.	
	The Redemption of Negativity	
	The Redemption of Ignorance	. 254
	Lucifer, the Loose Cannon	
9	Synchronizer of Physical Reality and Dimensions	. 259
•	Earlier Creation Experiences	. 260
	My Origin	
	My Contribution to the First Two Creators I Consulted For	
	Joining Your Creator	
	Starting at the Midpoint and Laying Out Dimensions	
	Physical Beings	
	The Explorer Race Begins	. 266
	Shapes That Can Travel the Dimensions	
	The Zeus Connection in Atlantis	. 269
	The Gods of Olympus	. 271
	The Next Step	. 272
2	Master of Maybe	
0	A Trip to the Circle of Light outside the Orb	. 277
	1	

	The Development of Hope and Bridging to the Possible Your Evolution in Orion and Maldek	
	Encouraging Your Creator	
	My Origin: The Emotion of Potential	
	The Universe Where Individual Souls and Free Will Began	
	This Creation	
	The Future 61% Negativity	
	Expanding the Creation to Separate Individuals into Groups	
	My Contributions	288
	Working through Levels of Consciousness	
	to Resolve Problems and Inspire Faith	289
	Working for the Rest of Creation	
	Working with the Explorer Race	
	The Future	
	My Growth	292
2	Master of Frequencies and Octaves	
1	·	
	Harmonic Overlays That Protect Angels and Lightbeings	296
	Erratic Sound Substance Protecting Your Dimensional Shift	
	Your Tolerance and Intolerance for Certain Frequencies	
	Progressing Slowly to Discern Dimensional Impacts	299
	You As Educators	300
	Joining Your Creator, Recommending 2nd,	
	3rd and 4th Dimensions As a School	
	Universal Ramifications: Applied Spiritual Integrity	
	The Miniature Galaxy That Physically Changed Earth.	303
	Loss of the First Dimension's Historical Records	204
	and Slow Repair of the Four Dimensions	
	Asking Permission of the Space	
	The Split Creator of a Spiral Creation	
	Joining Your Creator	
2	Spirit of Youthful Exuberance	
2 2	Spirit of Toutifful Exuberance	<i>3</i> 11
	Joining Your Creator to Create Human Preadolescence	
	and Advanced Senility	312
	The Prototype Planet: Invitation to Fun-Lovers and Adventurers	312
	Studying Enthusiasm in Particles	
	My Beginning as Liquid Color beyond the Orb	
	Traveling with Your Creator, Taking a Different Route	315
	My Veil, Which Creates Enthusiasm for Physicality	
	Pan	
	Things I Like to Do	
_	Questions and Answers	
2 3	Master of Imagination	325
	The Silver Thread of Imagination	325
	The Tube of Vertical Thoughts and Colors	326
	The Thin Triangle of Electrical White Light,	
	through Which Buddha Breathes Light	326

	The Vibration That Precedes Sound	327
	Your Coming Ability to Instantly Grasp the Future	328
	Spreading the Veil around the Explorer Race's Physical Lives	
	My First Awareness in a Creation beyond the Orb	
	My Physical Birth and Death in a Universe Made for Testing	
	Imagination Becoming Another Sense	
	Moving through Creations inside andbeyond the Orb Gathering Though	
	All Solutions Readily Available	332
	Meeting Your Creator	
	A Description of Orbs and Creations.	331
	The Uncreated President/Avatar	
	My Relationship with My Creations	
	About Imagination	
2	Zoosh, the End-Time Historian	341
4		
	Remembering My Beginnings	341
	My Search for the Origin of the Love Feeling	343
	The Point of Perfection: The Sense of Home	344
	Looking for Friends	
	Creating a Small Universe of Beings	
	The Thread That Floated By	
	My Travel through the Orbs	348
	Moving Toward and Meeting Your Creator	
	My Home: Love, Which Is Not Somewhere	J ,,
	but Is the Foundation of All Being	350
	My Gain and My Contribution	
	The Agenda for Acquisitiveness.	
	Later Jobs Here	
	Ensouling a Planet	
	Isis, My Intended Replacement, Chose Venus Instead	
	Currently Giving You Hands-on Instruction	35A
	Aristotle	
_	The Accessibility of Creatorship	
2	Master of Feeling	359
5		
	Your Suppression of Feelings	359
	The Broad Range of Your Feeling Self	360
	Homework	361
	The Feminine and Masculine of Feeling	362
	Setting Up the Web for the Potentials of Discomfort	
	and the Wisdom from Feeling	363
		364
	My Role As Interpreter of This Experiment	364
	My Beginnings	366
	My Role As Mediator, Using Creator's Future Self	367
	Creating an Echo of the Future in the Parallel Universe	
	How I Help You Master Feeling	
	The Armageddon Dream	
	The Wisdom of Discomfort	

	Final Advice	. 374
2	Master of Plasmic Energy	
Ü	Practical Applications for Plasma (Magnetic Light)	. 378
	Creating Light around the Orb	. 3/8
	Its Role in Sudden Death and Conditional Love	
	Your Safety Mechanism: Keeping Everything Temporary	. 380
	Plasma Is Stretched Here from the Fifth to Seventh Dimensions	
	Speed Is My Source	. 382
	Using Time Travel to Learn Lasting Solutions	
	Plasma, the Glue That Binds the Enthusiastic Particles	
	Building the Physical Body	
	My First Awareness	. 385
	Realizing What I Could Do and Doing It	. 380
	The Beginning of Multidimensional Awareness	
	Showing Creator How to Go to His Future	
	My Appearance and Functions	
	The Light around the Orb	. 39
	The Orbs	39
2	Master of Discomfort Speaks of Himself and the Explorer Race	
1	Mr. Daint of Origin	204
	My Point of Origin	. 390
	My Creation Here That Transfers Light	
	My Process of Alienation	
	Meeting Your Creator	
	The Parallel, Interfacing Inverse Universe Created for My Retreat	
	Your New Responsibility to Deal with All Discomfort	
	with Minus-Particle Charges	. 40
	Being Self-Involved in an Orb of Total Service	. 402
	The Expansion of Discomfort	
	My Possible Future	. 404
	The Actual Birth of the Explorer Race	. 400
	Your Travels after Birth	. 408
	Your First Incarnations	. 409
	Entering the Third Dimension and Increasing Negative Energy	
	Before Orion, When the Feedback Got Strong	
	Planet Earth's Mastery	. 41
2	Master of Discomfort Discusses Light Transference	
U	Homework: Use Feeling and Imagination to Improve Your Life	417
	How Light Is Generated and Fulfilled	41
	My Help in Speeding Light to Its Destination	. T1
	Patience as Space, a Universal Background Material	
	Transforming My Discomfort into a Precursor of Emotion	. 420
	How the Pools of Emotions Work	. 42
	How Emotions Flow through You	
	Natural and Unnatural Human Birth	
	My Work with Light	. 424
	Transforming Discomfort	. 425

Introduction by Zoosh

September 10, 1997

Now that you have a greater understanding of who you are in the larger sense, it is necessary to remind you of where you came from, the true magnificence of your being, to have some of your true peers talk to you. You must understand that you are creators in training, and yet you were once a portion of Creator. One could certainly say, without being magnanimous, that you are still a portion of Creator, yet you are training for the individual responsibility of being a creator, to give your Creator a coffee break.

This book will give you peer consultation. It will allow you to understand the vaster qualities and help you remember the nature of the desires that drive any creator, the responsibilities to which that creator must answer, the reaction any creator must have to consequences and the ultimate reward of any creator. This book will help you appreciate all of the above and more. I hope you will enjoy it and understand that maybe more will follow.

Could you give a simple definition of your use of the term "creator"?

God. How much simpler can I get? You can understand creativity and you are not at all uncomfortable with that idea. "Creator" is perhaps a root of the word "creative." Yet if I were to say, "You can understand being godlike," most people would not be able to identify with that. Therefore I'd rather use the term "creator" instead of "God" because "God" is so much more distant to the average person's perception. I think people can accept being creative and even feel good about it, but the average reader of these Explorer Race books is less likely to be able to identify with being godlike.

Andastinn, Prototype of Insect Beings

July 11, 1996

am an elder of the race of beings living on the planet Destinteh (des´tin-tay). My name is Andastinn (an-das´tin). Our species are the prototype, the original beings of many of what you would call the insect beings. In our philosophy and intelligence we could most identify with those creatures on your planet that you call ants. While our sense of teamwork is perhaps not as obvious as theirs, we are not as small. [Chuckles.] (Don't try and step on us—you would be surprised!)

We are uprights like you. We do not have many legs like the many-legged creatures that we approve of on your planet. We have, like you, two appendages in the upper part of our body and two in the lower. We can walk on all fours [chuckles] or stand upright. We exist primarily at this time to provide philosophical encouragement for beings such as ants.

Many Earth species Leaving

Many of the creatures that you have taken for granted (they were here when you got here and they'll be here when you leave, is how you feel) are returning to their original planets. Some will do so as if by magic; others will suddenly die for no reason. Your scientists will come up with a reason, but there will be many of them that suddenly *pouf!*—go into spirit. So we consult with them, we support them, we provide them with the philosophical nurturing they need to reorient themselves to being respected beings.

On your planet they are like "unidentified walking objects." [Chuckles.] It is so ironic, is it not? Many of you wait for the ETs to come, yet they're all around you! So we help them make their spiritual changes. We even send emissaries to tell them, "This is how it might be."

The Ant Beings

Down below the ground many ants gather. When they know they are alone they act differently. [Chuckles.] When children know they are alone they too act differently, don't they? (So do adults, I might add.) When they are gathered in one of their large rooms, like a meeting hall, one of us will project there as a white-light version of one of them. It is always essential for the teacher to appear to be one of your own kind, as some of your mystical teachers have done; they are recognized as being like you but different. When we appear in white light as one of them, we communicate telepathically with feelings and with visions we give them, images to remind them of who they are.

They have been living here for so long that they have come to think they have been forgotten. They have ancient stories that tell them they came from somewhere, but until we started coming to visit them recently, they forgot where. They have been here for so long that generations have been lost due to trauma (which might have been a flood, a volcano, an earthquake or, in more modern times, construction projects); whole lineages were lost forever that way, along with their stories and philosophy. We must bring it back to them.

We remind them of their lineage, where they are from. Because they are very ceremonial in their nature, they do things because it is how they've always been done. In that sense they are traditionalists. [Laughs.] We remind them why they do what they do, what it has to do with their home planet and when they can go home. We have been doing this lately with ants, with honeybees, with wasps and with (you'll be happy to hear this) the fleas!

Many of these beings look very different in their form at home. Here they must be very small so that they can go about their business relatively unnoticed by human beings and thus be protected. Because they're small they can go underground and usually be safe. On their home planet they are proportionately much bigger. And because they are safe there, they don't have to hide or go underground. Some of them live in very large underground cavelike structures simply because it is traditional, but also because it preserves the surface of the planet for future generations and does not destroy it. They find underground caves or dig a little bit where

they feel welcome.

I speak to you about these beings tonight because they offer so much to you by example, and there have been those among long-lived peoples on this planet who have studied them and imitated them in ways that are known to travelers' mythology and somewhat even to anthropologists, so this is not a complete surprise to all of you.

So I say greetings to you tonight. I come by invitation of the Progenitor of Zoosh because he says you are now ready to hear this. Progenitor of Zoosh—he-she-it—you figure that out. Do you have questions?

Is your planet in the Milky Way system?

If you could draw a 45-degree angle to the Moon and then bounce off it like a ball at a 60-degree angle for about 400 million light-years, you would come to our planet. We are not likely in the near future to be seeing you, in terms of your visiting us [chuckles], but it is certainly possible, if we are called upon, that in your visions or dreams you might see one of our white-light beings talking to some of the creatures on Earth who are really extraterrestrials.

Komodo Dragons and Crocodiles

Sometimes we might be seen as one of these big Komodo dragon lizards. We know those beings because they are very misunderstood, and we're planning to talk to them even though they're not insects. We have a little flexibility.

We might also talk to crocodiles, because we've been asked to. It seems that the reptilian beings are having some difficulty communicating to their cousins here. I think there is some kind of radiated energy coming from your planet. Perhaps it's in the form of fear of reptilian beings, which has been fostered and encouraged yet is based on nothing associated with the beings themselves. Of course, as they manifest on your planet they are not all pleasant to human beings, but some of them are harmless, you know. (You know what they say: If there's a big animal you're afraid of, walk the other way.) So we've been requested to do some extra projects that are not exactly in our line.

Was it the Tenth Planet beings who are having problems connecting with the crocodiles?

No, we were not asked by people from here [this solar system]. We were asked by other beings who sometimes travel to see us; they are more of what I call a kind of loose-knit network of philosophers. When encouragement is needed, when one needs to know about one's lineage, whether it be a personal lineage (a family) or a species lineage, often we are called upon because this is what we do. If we