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Preface

Have you ever wondered how you knew something would happen before it took place? We all receive feelings about things, and many times we're right.

Everyone receives impressions of things. Even mechanics get impressions about the cars they work on. We receive answers to questions from a mysterious place inside us.

In this book we will learn to be more aware of our mysterious impressions and see the auras that create them.

My quest for aura sight began in 1973 after having a psychic reading by a clairvoyant. With little hesitation he began a 30-minute session. He gazed at my aura, seeing colors and pictures of my life, past and future. He was direct and at ease as he spoke to me about what he saw and felt. And I was fascinated and amazed by the information.

The clairvoyant was the third of three

spiritual teachers I had seen in a time span of four months. The first was an astrologer and the second a medium. All told me my future work was in intuition, communication and innovation, mixed with teaching. I simply needed to choose my path. Because I was so impressed with the clairvoyant, I chose to see and work with the aura as my field of study.

A few weeks after the session with the clairvoyant I saw my first aura.

As anyone with an avid interest in a subject would, I desired “fast-food” wisdom on how to see the aura. But I was left wanting. There were few books on the subject in the early 1970s. I could find only one.

We here in the States are such impatient people. We want everything to day. I know little about computers, but I write with one and access programs on it. To me it doesn't matter a great deal that I understand binary components or other such things. I just want to know how to use my computer.

The same is true with learning about our

inner powers. The great depth of spiritual study attributed to the creation of the energy of the aura can slow down our interest by confusing us with heavy subject matter.

Most books on the subject of auras tend to be full of complexities because the author writes to those readers who already know the subject, not to the mainstream. Hey, what's the big deal, anyway?

Why spend so much time in trivial details? We already have the ability to see the aura, a natural ability we are born with. We have something inside that talks to us and gives us signals. This ability is as natural as breathing, and we rarely pay attention to our breathing patterns.

When it comes to a deep or complex study, most of us would tend to say, "First show me that the thing really exists and how to use it, and then tell me the do's and don'ts. If I need to know more later, I'll ask." Now, doesn't this sound right for the majority of us?

Accessing this native ability is what this

booklet is all about.

So now let's talk about the do's and don'ts. A basic principle of energy is its natural propensity to become part of a collective, gathered together by magnetic force. Whatever energy the collective body sends out is magnetized and will come back. (Our physical body, our thoughts and emotions, are a collective body.) What goes around, comes around. Send out good vibrations, and we will receive them back. Invade someone's privacy, and ours will be invaded. Simple enough ground rules for do's and don'ts, wouldn't you say?

Our outside world is a reflection of what's going on within us. The world is our mirror.